

Canton Observer

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Canton, Michigan

44 Pages

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The Canton Connection

MEDICAL EQUIPMENT is available on a loan basis, free of charge, through a joint effort by the Canton Lion's Club and the Canton Fire Department. A wide assortment of medical needs for homebound patients are available including crutches, hospital beds, wheelchairs, bed pans and chair lifts. The equipment is stored at the fire station on Canton Center and Joy Road. For more information, call 981-1113.

POLICE STAFFING will be discussed by township administrators and officers during a meeting at 5 p.m. Wednesday in Canton Township Hall. The police steering committee, officers volunteering their time, will request staffing increases among officers, command personnel and civilian staff.

The number of additional employees sought will be released at the meeting, according to police. But the increase requested is "a minimum amount to do the job, without any luxuries," said Canton Officer Eddie Tanner, steering committee liaison. "We've been called the no-frills police department." A police committee, composed of three Canton Township Board of Trustees members, will review the request at the meeting and make a recommendation to the full board of trustees who will make the final decision.

FORMS TO ASSIST business people are available from Canton Clerk Linda Chuhman at township hall, 1150 S. Canton Center Road. Furnished by the U.S. Small Business Administration and the Service Corps of Retired Executives, the material is free.

The SBA forms deal with 200 business topics and information on low-cost seminars, workshops and training classes. "We also hope to be involved in Small Business Week May 6-10," said Chuhman.

THE MAIN OFFICE of the Out-Wayne County Human Services has moved from Farmington Road in Livonia to 15495 Sheldon in Northville. The nutrition program provides meals to homebound senior citizens and delivers food to sites where meals are served to the aged. For more information, call 453-2525.

COUPON BOOKS providing discounts for meals at Burger Kings in Canton, Westland and Dearborn are on sale. The money raised will benefit the Canton Soccer Club. A donation of \$1 will garner soccer supporters \$9 worth of Whoppers, cheeseburgers, Whaler's, chicken sandwiches and beverages. Tickets are available from soccer members and at Canton Township Hall, 1150 S. Canton Center Road. For more information, call 397-1000.

FREE SEEDLINGS will be given away from 10 a.m. to 11 p.m. April 27 in Canton Township Hall. Administrators purchased 13,000 seedlings to be planted around the township. For more information, call 397-1000.

A JAPANESE ground-breaking ceremony will take place at 11 a.m. Thursday to welcome the Yazaki Corp. at 6700 Haggerty in Canton. Gov. James Blanchard is expected to attend. The site will serve as the American headquarters for the international company. Yazaki is a diversified electronics corporation which makes wiring equipment for automotive, solar and gas industrial use.

Armed man stages threat

By Diane Gale
staff writer

A 53-year-old Canton Township man held police at gunpoint, then barricaded himself in a room at the Wayne Motel on Michigan Avenue Thursday.

The alleged gunman was identified as Janos Joseph Balugh, who was arrested by police. No one was seriously injured. Officers confiscated a 22-caliber rifle, a 22-caliber Remington, a 12-gauge shotgun and a cache of ammunition from a room occupied by Balugh, a Canton police report said.

Balugh was arraigned April 4 before 35th District Judge James Garber. He pleaded not guilty to a felonious assault charge and is free on a \$50 surety bond, said Canton police Lt. Alex Wilson. A preliminary examination to determine if there is enough evidence to bind Balugh over for trial in Wayne County Circuit Court will be April 15 in 35th District Court.

At about 12:15 a.m., William Warren Loveless, 28, who was staying at the motel, 43901 Michigan Ave., told police the suspect threatened him with a rifle, police said. While the victim was talking to officers, Balugh left a room holding a rifle pointed downward.

CANTON CPL. KURT JOHNSTON pushed Balugh back into the room. Johnston and Canton Officer Gordon L. Stevens drew their service weapons and told Balugh to drop his rifle.

Police said Balugh raised the gun, pointed it at the officers and began walking toward them. He kept walking in their direction in spite of police demands that he drop the gun.

The suspect, who is about 5-feet-9 and 180 pounds, refused to obey the officers' orders. He continuously said: "Bull---, I shot you," the report said. The suspect, who has a heavy Hungarian accent, probably meant to say "I will shoot you," said Acting Police Chief Lt. Larry Stewart.

Canton Officer George Sharp then arrived at the scene, shining his headlights at Balugh.

With the lights on him, the suspect turned back toward his room, then pivoted back toward the officers and

Please turn to Page 4

Power loss hits south Canton

High winds during a thunderstorm Thursday night led to a power outage that affected about 1,100 homes in the south section of Canton.

According to a supervisor for the Detroit Edison Co., one of Canton's large power circuits was interrupted when a power line went down sometime during the night.

Detroit Edison began receiving calls from its utility customers in Canton around 10:30 p.m. Thursday.

The company reported that three of its crews were at work Friday at 10 a.m., trying to repair the large "Sheldon Circuit."

According to Edison, service was supposed to have been restored to residents in south Canton by noon Friday.

The outages occurred along Sheldon and at Geddes, Van Born and Haggerty roads.

In addition to the Sheldon Circuit, two lines also were reported down in the area of Michigan Avenue and Belleville Road.

The Canton Police Department reported there were no accidents or injuries resulting from the power interruption.

The Canton Fire Department reported there were no fires caused by the downed power lines.



MARVIN TEEPLES/illustrator

Bunny season

The Easter bunny visited the area Sunday, bringing with him a variety of Easter treats. Area families also marked the holiday by

attending worship services at local churches. The bunny, after finishing his appointed rounds, paused briefly to read the paper.

No place to go

Historical Society carnival locale is sought

By Dennis Coffman
staff writer

The organizers for this year's Canton Historical Society Carnival are scrambling to find a site for the event, following protests from property owners in the Ford and Lilley roads area.

More than 40 property owners in the Ford-Lilley area objected to the use of the Don Massey property on the southwest corner of Lilley and Ford roads for the April 30 to May 5 carnival.

The Canton Township Board of Trustees went along with the property owners

and turned down the Ford-Lilley site at its last meeting.

"WE HAVE no hard feelings," said Bill Tessen, acting historical society president. "We are still looking (for a site). The Harvard Square would be great, but we don't know if we can get it yet."

Last year, the carnival was held in the K mart parking lot — the second time in four years it has taken place at K mart.

The carnival has also been held at the Ford-Lilley location once and once

on Canton Center at Saltz roads.

The carnival is the main fund-raising activity for the Canton Historical Society and Museum, according to Tessen.

THE SOCIETY finds the site for the carnival each year, then hands over the operation of the event to the W.G. Wade Show Carnival. Wade has put on the carnival every year.

If the society succeeds in obtaining the Harvard Square Shopping Center lot, on the corner of Ford and Sheldon roads, the tentative dates for the carnival would be April 23-28.

Tessen said the society and the Wade group would work closely with the Canton Township Board to obtain a site for the carnival. A board meeting is scheduled for Tuesday, which would allow time for formal approval of a new site, if one can be found.

"WE ARE working with (Township Supervisor) Jim Poole and the township. We think they'll give their approval if we find a decent, agreeable spot," said Tessen. "The Harvard Square site

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Vandalism rises with thermometer

By Diane Gale
staff writer

Vandals were responsible for thousands of dollars worth of damage in Canton Township during the past couple of weeks. Homes, lawns, cars and even a building cited as the future home for police headquarters have been targets.

The most common cases have involved suspects throwing objects through windows and ripping up lawns by driving over them, commonly known as lawn jobs.

"Most of the time it's 16-, 17-, 18- and 19-year-olds," Canton police Lt. Alex Wilson said.

"Usually there's an increase during spring because the kids are cooped up

all winter, and there's always a big increase during graduation week," Wilson said.

"Even if we did have more manpower, they're almost impossible to prevent," he said. "They're done on the spur of the moment and on a dare."

A felony is committed if more than \$100 worth of damage is caused, Wilson said. Less than \$100 damage is a

misdemeanor.

There were more than 25 malicious destruction of property reports made to the Canton Township Police Department from March 25 through April 4.

THE NEW POLICE building, expected to open this summer, had more than

Please turn to Page 4

Rating is simplified for superintendent

The Plymouth-Canton Board of Education approved the adoption of a simplified evaluation form for its school superintendent, when the board met March 25.

The new form will ask for board members' ratings of the superintendent in 15 categories, including board-superintendent relations; community relations; personnel affairs; fiscal responsibility; physical facility and equipment management; curriculum and instruction; student performance; long and short term planning; legislation, legislative affairs and relations; leadership and system management; special educational program leadership; non-instructional services; legal affairs; staff

relations; and goals and objectives.

Board members will rate the superintendent on a scale of one to five, with five considered outstanding, four, satisfactory, three, average; two, needs improvement; and one, unsatisfactory.

The board voted 7-0 to approve the new evaluation form.

Trustee E.J. McClendon, who chaired the Superintendent's Evaluation Revision Committee, said, "Our concern was that we had a very complex evaluation schedule that ran to almost 100 minuscule things, and which was not very effective. We tried to simplify it to 15 major functions and designed it so that it would be co-terminus with the end of the school year."

what's inside

Brevities	5A
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HEALTH & FITNESS
SPECIAL SECTION

IN TODAY'S ISSUE

Schools' teams earn honors at Science Olympiad

Two teams from Plymouth-Canton Community Schools won honors at the Wayne County Regional Science Olympiad held recently at University of Michigan.

A team from Plymouth Salem High and one from Pioneer Middle School competed in the annual event, the first time the school district was represented in the event.

The Science Olympiad tournaments are held to increase student interest in science and to improve the quality of science education. The tournament consists of 24 contests or events.

There is a balance among the various disciplines of biology, earth science, chemistry, physics, astronomy, computer science and engineering.

THE EVENTS ARE divided into two categories — serious and lighthearted. The serious and straight-forward in-

clude event such as the Science Bowl, patterned after the College Bowl where questions are directed at four-member teams.

The lighthearted category includes events such as paper airplane flight where teams of two members each design and construct a paper airplane and then fly it for distance and accuracy.

Other events include "Fermi Questions," questions in physics which seek a fast rough estimate of quantity which is either difficult or impossible to measure directly, such as the number of drops of water in Lake Erie, "Rock to Riches," where contestants are required to identify rock and mineral specimens, "Egg Drop," where two-person teams are given one egg, paper and Scotch tape with which to package the egg and then compete to see which egg survives the highest fall.

"Bridge Building" where a bridge is built using the criteria established by the American Society of Civil Engineers, and "Periodic Table Quiz," consisting of questions about knowledge and use of the 103 elements which comprise the periodic table.

THE SALEM HIGH team competed in five events.

Mark Peterson and Malay Mody took first place in the computer programming competition.

Other Salem students attending the competition were Jenny Breed, Jane Klaes, Gary Bartz, Richard Kreuscher, Kim Cripps and Jim Thompson. Coaches were Fred Meier, Salem area coordinator, and Salem biology teachers Joan Pence and Linda Thomas.

The Pioneer team competed in 12 of 14 events.

Based on their fourth-place performance, the Pioneer Middle team was invited to represent Wayne County at the regionals to be held Saturday, April 27, at Michigan State University.

Winners for Pioneer included the Science Bowl team of Doug Donaldson, Matt McAmmond, Arul Chinnayan and Kevin Dilly. Chinnayan also took second place in the Periodic Table event, while Donaldson and Chinnayan teamed to take first place in Computer Lab.

Andrew Bazakis placed first in Periodic Table and took a fourth place in Metric Evaluation. Dave Foxworthy placed third in "Name That Organism" while Ian Corruker finished third in "Facts and Five."

The team of Cathy Cebula and Pam Austin placed fourth in the Password event. Jarrett Rogin placed fourth in Rocks to Riches.

Other team members were Shilpa Parikh, Jay Laney, Soo Son, Lillian Chang, and Scott Conti. Coaches were Pioneer science teachers Ernest Costantino and Pat Butzin.

"I really was proud of these kids," also said Costantino. "It was tough competition, and we were pleased to be invited further to state competition." He was displeased at having forgotten to take the toothpick bridge which could have accounted for 45 points and would have raised the team to a first place overall finish. The team finished fourth out of the 20 middle school and junior high teams which competed.

Winning teams from the regionals at MSU will go to the nationals, which will be held for the first time this year.

"Regardless of what we do at this regional competition," said Costantino, "we've learned a lot this year and are looking forward to future competitions. This not only makes science attractive to a greater number of students, but also provides recognition for schools like ours which have a well-balanced science program."

obituaries

BERNARD C. MILLER

Funeral services for Mr. Miller, 67, of Canton Township were held recently in Schrader Funeral Home with burial at Cherry Hill Cemetery.

Mr. Miller, who died March 30 in Ann Arbor, was born in Uby, Mich., and moved to Canton from Inkster in 1957. He had served with the U.S. Army during World War II and retired from the 3-M Co. in 1983.

Survivors include wife, Dorothy; daughters, Betty Hassett of Belleville, Barbara Wright of Lake City, Mich., Elizabeth Michaels of Albertville, Ala., Patricia Causley of Canton, and Debora Miller of Ypsilanti; sons, Marvin Wilkie of Wayne, Daryl Wilkie of Belleville, Ronald Wilkie of Wayne, Richard Wilkie of Ypsilanti, Michael Wilkie of South Lyon, brother, William Miller of Warren, sisters, Alberta LaBelle of Mt. Clemens, Edith Malloy of Rogers City, Mich., Evelyn Graessle of New Baltimore, and Rose Hallasi of Detroit; 24 grandchildren and four great-grandchildren.

HELEN C. MATEVIA

Funeral services for Mrs. Matevia, 69, of Plymouth were held recently in Schrader Funeral Home with burial at Grand Lawn Cemetery, Detroit. Officiating was the Rev. John N. Grenfell Jr. Memorial contributions may be made to the Michigan Cancer Foundation.

Mrs. Matevia, who died March 30 in Plymouth, was a lifelong resident of the Plymouth-Livonia area. She was employed for 10 years, having retired in 1982, for the City of Livonia for the department of parks and recreation. She was a member of Order of Eastern Star 119 of Plymouth, and of the B.P.O.E. No. 1780 Vivians.

Survivors include: daughter, Carol Wickard of Plymouth; sons, Fred of Deland, Fla., and James of Albuquerque, N.M.; and by six grandchildren.

OSCAR F. LUTTERMOSER

Funeral services for Mr. Luttermoser, 68, of Howell were held recently in the Schrader Funeral Home with burial at Riverside Cemetery. Officiating was the Rev. Gene Sorensen. Memorial contributions may be made to the Chandler Community Hospital or to the United School of Christianity.

Mr. Luttermoser, who died March 27 in Chandler, Ariz., was born in Detroit and moved to Plymouth from Livonia in 1931. He retired in 1978 from Wayne County where he had been a probation officer. He was a member of Mayflower VFW Post 6695 of Plymouth, graduated from the University of Michigan, and served with U.S. Army Intelligence in World War II.

Survivors include: wife, Miriam; son, Douglas of Ann Arbor; daughters, Julie Pierce of Naperville, Ill., and Carol Doolin of Huber Heights, Ohio; sisters, Marion Skoglund of Sun Lakes, Ariz., Shirley French of Delmar, Calif., and Viola Petersen of Plymouth; and by three grandsons.

WILLIAM A. ICKES

Funeral services for Mr. Ickes, 70, of Livonia were held recently in Schrader Funeral Home with burial at Riverside Cemetery. Officiating was the Rev. Panyot Pamukov. Memorial contributions may be made to the Michigan Heart Association.

Mr. Ickes, who died March 28 in

WSDP / 88.1

WSDP-FM 88.1 is the student-operated radio station at Plymouth Centennial Educational Park (CEP).

PROGRAM HIGHLIGHTS

MONDAY-SUNDAY (April 8-14)

(WSDP will not broadcast due to Easter Vacation and will resume programming on Monday, April 15.)

MONDAY (April 15)

5:05 p.m. Family Health — paraquat.

7 p.m. Monday Night Music Special — Flashback '50s music with Bill Keith and Noelle Torrance.

TUESDAY (April 16)

5:05 p.m. Family Health — potassium needs.

6:10 p.m. Family Report — A program series about issues affecting family. Today's program is part two of a five-part series on adoption.

WEDNESDAY (April 17)

5:05 p.m. Family Health — snuff and chewing tobacco.

6:10 p.m. Community Focus — A public affairs/interview program focusing on issues affecting Plymouth and Canton. Noelle Torrance hosts.

8:10 p.m. If you like to listen to new music, then tune in and hear WSDP's Music Director Les Smith on the '88 Escape.

THURSDAY (April 18)

5:05 p.m. Family Health — edema-abnormal swelling.

6:10 p.m. Chamber Chatter — Five minutes of information about Canton Chamber of Commerce with Mary Ann Vachter.

FRIDAY (April 19)

5:05 p.m. Family Health — head lice.

6:10 p.m. Sports Update — Bill Keith hosts with the latest news of adoption.

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Burroughs processes machine

By Gary M. Cates
staff writer

Burroughs Corp. unveiled a new document processor last week that will be manufactured at its Plymouth Township plant on Plymouth Road.

The new product, dubbed the DP 1800, has been hailed as a revolutionary development for financial institutions and was introduced at the Bank Administration Institute Check Processing Conference in Dearborn last week.

"Today's financial institutions continue to process ever increasing volumes of paper-based payments," said Martin A. Belsky, president of the Burroughs Financial Systems Group. "Consequently, the financial community continues to focus on increased operating efficiencies to keep pace with this growing volume," Belsky said. "The DP 1800 specifically addresses

today's requirements for improved productivity and greater processing capabilities."

The new document processor is designed to speed the flow of checks and share drafts while improving operational controls and operator ease. The DP 1800 can process up to 1,825 documents per minute.

The new machine, with a price tag starting at \$105,000, utilizes MICR — magnetic ink character recognition. It reads numbers and letters printed on checks and share drafts with the special ink.

THE INTRODUCTION OF DP 1800 also is being hailed as good news for the Plymouth Township plant. Plant manager Max Okun hopes production of the new product will help keep the plant operating.

"It's a new version of a family of products which we are building," Okun said this week. "It should be a very competitive product."

Three years ago rumors circulated about a possible closing of the 865,000-square-foot facility on Plymouth Township's northeast side. A concession contract, offered by Burroughs employees, kept the plant open.

"The concession contract helped to keep us working. Even though the work force has shrunk, that's really what's happened in the industry as a whole as it moves from mechanical to electro-mechanical products," Okun said.

Production of DP 1800 most likely will start out slow this year, he said, anticipating between 15 and 80 machines will be built in 1985.

Starting in 1986, Okun said production of DP 1800 should increase to close to 200 a year. That should keep the 1,000 employees at the plant working, he said.

However, cost competitiveness is always under review at all of the Burroughs facilities," he said.

Almost half of the plant's personnel consists of employees who are members of UAW locals 1313 and 1440.

Other machines produced at the plant include an automatic teller machine and other document and computer components.

THE PLYMOUTH Township plant is located on 161 acres of land which Burroughs acquired in 1924. In 1938, the company put the land to use when it opened a five-story assembly building, which still stands today.

Over the next 20 years the facility was expanded to include three additional buildings to accommodate growing production and storage needs.

The second building was constructed in 1948, the third building in 1952 and the fourth in 1957. All of the buildings are interconnected and the plant has its own powerhouse.

Okun said the work force at the plant peaked around 1974 with some 6,500 employees.

Besides manufacturing, the complex is the headquarters for Burroughs Corporate Industrial Design, the company's literature distribution and the central clearing house for the employee suggestion program.

The Plymouth plant pays \$75,000 in annual property taxes and is a supporter of the Plymouth Community Fund and the Plymouth Symphony, according to Carol Bowie, Burroughs' news relations manager.

One of many parking facilities at the Burroughs plant sits virtually unused. At one point the plant employed some 6,000 workers, who filled the parking areas.

The DP 1800 financial document processor is the latest machine to be built at the Plymouth Road plant. It is considered a revolution for the industry and hopefully will keep workers at the plant employed.

Staff photos by Bill Bresler



neighbors on cable

CHANNEL 8

MONDAY (April 8)

5 p.m. It's a Woman's World — Host Debbie Williams. Sandy Prochaska form a women's resource center about her career.

5:30 p.m. Psychologically Speaking — Part two of a discussion with two chiropractors.

6 p.m. Masters of Dance — Guest Renee Paulus talks about cheerleading and baton and her class performs routines and steps. The Spiriters perform competition routine.

6:30 p.m. Let's Go Eat — Jeffrey Stone and Pete Smith make ice cream cake at Baskin Robbins and a midnight snack.

7 p.m. Tell Me A Story — Gina Prater talks about the letter "G" and growing and reads "The Rabbits New Ring." Special guests are a rabbit and a guinea pig.

7:30 p.m. Come Craft With Me — Host Kay Micaleff welcomes Grace Kabel of Plymouth, a basket maker at Greenfield Village.

8 p.m. EMU Presents — The Corporate Look For Women. The interior decorating and design school presents its corporate dress for women in the '80s.

8:30 p.m. Communications in Silence — A mime presentation by students focusing on the personalities of human beings, attitudes, habits, etc. Performed with the intention of helping us to learn about ourselves.

9 p.m. Water Babies — A presentation of the Wayne-Westland YMCA parents and toddlers swim program.

9:30 p.m. Single Touch Live — J.P. McCarthy and guest co-host talk about upcoming singles events in greater Detroit area and takes calls from viewers at 459-7393.

TUESDAY (April 9)

5 p.m. Cinematique — Johnny Midnight and Lucille McCall discuss the films shown on Family Home Theater: "14 Fathoms Deep," "Rocket Ship," and "The Outlaw."

5:30 p.m. Canton BPW Presents — Tax advice for 1985 filing of your 1984 taxes. Also an induction ceremony with Shirley Zeller.

6:30 p.m. Investment Times — Hosts Brian Davis welcomes Pat McCaout who discusses annuities and attorney James Kersten who gives advice on estate planning.

7 p.m. Beyond the Moon — In the Night Sky. The Big Dipper. Guest Frank Galea, an astronomy instructor, discusses stellar evolution.

7:30 p.m. The Oasis — Comedy variety with Dr. Z.

8 p.m. The Food Chain — Eating out on a low fat diet with guest Lynn Glazewski.

8:30 p.m. Economic Club of Detroit —

CHANNEL 15

MONDAY (April 8)

Noon. Total Fitness — Guest host Kathy Konowinski with aerobics.

12:30 p.m. For Your Health — Anna Abraham from Samaritan Health Center joins host Pat Schiberras.

1 p.m. Cooking with Cas — Cas Wolyniec prepares "Perky Pickler" this week.

1:30 p.m. Vivian School of Dance — A variety of dance groups perform modern, tap and other forms of popular dance.

2:30 p.m. The Easter Events — Coverage of the local Easter Egg Hunts of Northville and Canton children.

3 p.m. Perspective — Dr. Jim Marcoux is interviewed about chirographic care.

3:30 p.m. Marching Band Competition — Montrose and Petoskey, second and third place winners in Flight II, compete at Plymouth Centennial Educational Park (CEP).

4 p.m. MESC Job Show — Current information on finding a job.

4:30 p.m. Sandy Show — Interview with Canton Supervisor James Poole.

5 p.m. Hamtramck Rotary Presents.

5:30 p.m. The Governor's Report — This week's annual Kite Flying Contest sponsored by Plymouth Travel, part of the Mayflower Hot Air Balloon Festival.

7 p.m. Legislative Floor Debate — State Rep. James Kosteva, D-Canton, talks with host Suzanne Skubick about issues before the Legislature. Taped on March 29.

7:30 p.m. The Governor's Report — Howard Lancore interviews Gov. Blanchard about abortion veto and the seat belt issue. Taped at the governor's home.

8 p.m. First Presbyterian of Northville Presents: A Celebration — This week's sermon is entitled "Out of Darkness."

9 p.m. Friends and Neighbors.

TUESDAY (April 9)

Noon. School Days.

12:30 p.m. Rent Talks — Host Donna Markowski welcomes Candace Crowley from Legal Services to talk about tenant rights.

1 p.m. Hamtramck News In Review.

1:30 p.m. Psychic Sessions — Elie guest is Rich Milostan who speaks about astrology services.

8:30 p.m. MESC Job Show.

9:30 p.m. Sandy Show.

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LISTEN FOR DETAILS

Energy saving work to start on schools

By Susan Buck
special writer

A beehive of construction work will be visible this summer when the second phase of energy conservation projects begins at Wayne-Westland schools.

Last Monday, the school board granted permission to Davenport Associates, a Grand Rapids architectural firm, to order energy-saving windows, do a survey of school building roofs and investigate the scope of renovations needed for Franklin Junior High School.

Board members are expected to grant bids and give final authorization for the project at an April board meeting. Construction should begin in May or June and finish by late August.

THIS SUMMER'S \$735,000 building facelifts include:

- \$535,000 to re-roof Marshall, Adams and Franklin junior highs and Edison, Vandenberg, Taft and Hamil-

- \$85,000 for reconditioning and repairs at Franklin Junior High, including the replacement of windows in classrooms, the cafeteria and home economics rooms.
- \$77,300 for window work at Jefferson, Lincoln, Madison and Vandenberg elementary schools, where insulated window panel systems will be installed.

The renovation projects are made possible by Act 431, which was amended last year to allow school districts across the state to borrow money for energy conservation measures. Districts may take up to 10 years to repay the loans with money saved from lower utility bills.

WAYNE-WESTLAND schools spend about \$3 million annually on utilities. By 1986, more than \$3.6 million will be spent for conservation measures in all district buildings.

Phase one work completed last year

left another \$1 million for phase two projects. Upon completion of the second phase, the school district will have \$200,000 for future designated energy savings projects.

Kenneth Ball, vice-president of Davenport Associates, told board members that payback will come in 10 years.

Re-roofing and window replacement also have long payback periods.

BECAUSE THE renovation project at Franklin Junior High is larger than originally anticipated, the board voted 8-2, with David Moranty and Dewey Combs dissenting, to defer installation of a separate air conditioning system for Wayne Memorial High School office employees.

Although air conditioning exists at the school, the system is such that separate office air conditioning isn't possible. The present air conditioning system is designed to automatically cool

Wayne-Westland School District

The district serves southeast Canton

all three floors, covering 25,000 square feet, even if the entire school is not occupied.

By comparison, John Glenn High School does have a separate office cooling system.

Office employees at Wayne Memorial sweltered last year because the air conditioning system was not operable due to burned out bearings, according to Thomas Blacklock, deputy superintendent of operations.

DELAYING THE \$45,000 air condi-

tioning expenditure drew discussion among board members.

"If we don't put air conditioning in for those employees at Wayne Memorial, what do we intend to do for those employees this summer?" Moranty asked.

"Maybe they can't work those hottest weeks," said board President Kathleen Chorbogian. "I agree with you that, at times, it's inhumane."

Superintendent Dennis O'Neill said that the situation has existed for 12 years, and he didn't believe another summer would make a difference. However, if high temperatures result in lower worker efficiency, those workers would be moved, he added.

By delaying the installation, the cost would only increase over the price quoted more than a year ago, Moranty argued.

SHARON SCOTT, board treasurer, asked Ball whether the proposed energy

conservation projects complied with the state fire marshal's rules and regulations. Scott, wife of Westland fire chief Ted Scott, is a member of the state fire safety board.

Ball said that both the state and local fire marshalls have appraised the proposed changes. He said that another inspection will be made when the construction is completed.

"I'm not saying that we're not going to have a problem," Ball said. "That would be facetious for me to say that."

In other business, the board approved \$143,109 for furniture and equipment for the medical assistant lab at the Ford Vocational/Technical Center; automatic scrubbers to clean pool decks; corridors, cafeterias and multipurpose areas; maintenance trucks; an aerial maintenance lift; new lockers for Franklin Junior High School; a public address system replacement for Wayne Memorial High School; and two riding tractor mowers.

Resident barricades self; threatens police

Continued from Page 1

pointed his weapon at them. As he turned around again in the direction of the room, he said, "You want me? You come in and get me. I shot you," the report said. The gunman turned the lights off in the room.

Vandals romp

Continued from Page 1

\$1,000 worth of damage done by vandals March 28.

Suspects entered the building at 1150 Canton Center Road and vandalized the dry wall on the second floor and broke bottles on the first floor, a police report said. Walls were damaged in the detector area and in a room to be used for conferences and classes. It appeared that the walls had been kicked in, police said.

Fifteen police reports were made regarding smashed vehicle windows from March 28 and April 1. The incidents took place on Somerset Court, Ayrshire, Duchess Drive, Meadowlake Road, Willow Creek, Burgandy Drive, Indian Creek Drive, Brookshire, Bedford, Wagon Wheel Road, Metaline Drive, Wedgewood, Queensway and two-on Saltz.

Carnival lacks site

Continued from Page 1

would be the best. We have never been there before."

The society had been considering a return to the K mart site this year but abandoned the idea because Wade and the New Town Plaza management company, which manages the K mart site, could not come to terms.

Robert Padgett, a member of the historical society as well as the Township Board, said the board was "working very hard" to find a location.

ments on the south side of Michigan Avenue east of Sheldon.

When Stewart ordered Balugh out of the room he came to the door to respond. At that point, a Wayne County deputy sheriff grabbed the suspect by his arm as the other officers rushed the

apartment and arrested him.

Loveless told police he and Balugh had been drinking earlier at his apartment. They got into a fight, and Balugh left the room, Loveless said.

Loveless said he noticed that his shirt was ripped and went out to tell

the suspect, the report said. He told police the man said, "What you gonna do now, Billy boy?" Loveless said he told the suspect, "I should kick your a-- for ripping my shirt."

Balugh reportedly chased Loveless with his rifle around the parking lot of the motel, and threatened to kill him.

The incident lasted about an hour and 15 minutes. During the episode Sharp suffered a superficial injury to his knee by hitting it against the ground.

Canton Observer

663-670

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brevities

• BREVITIES DEADLINES

Announcements for Brevities should be submitted by noon Monday for the Thursday issue and by noon Thursday for the Monday issue. Bring in or mail announcements to the Observer at 489 S. Main.

• PLYMOUTH LIBRARY BOARD

Monday, April 8 — There will be a general meeting of the Plymouth Library Board at 7 p.m. in the Dunning-Hough Library.

• BLOODMOBILE VISIT

Monday, April 8 — The American Red Cross Bloodmobile will be at St. John Episcopal Church, 574 S. Sheldon in Plymouth, from 2:30-4:30 p.m. For an appointment call Cindy White at 348-2650 or Beth Stapleton at 459-8472.

• SOLARIUM SUNSPACE

Tuesday, April 9 — Solarium Sunspace Design, which meets from 8-10 p.m., is an energy management seminar which focuses on the basics of passive solar solarium/sunspace design. The Schoolcraft College Community Service workshop will be held on campus at 18600 Haggerty, Livonia. For enrollment and fee information, call the college at 591-6400, Ext. 409.

• FORD MUSEUM TRIP

Wednesday, April 10 — Canton seniors are offering a trip for residents age 55 and older to the Gerald R. Ford Museum in Grand Rapids. The price of \$24 includes the museum, lunch at Charles Crab, shopping at a Rockford outlet store, and transportation. Tour

arrangements are made by Blanco Travel & Tours. To make reservations, call Canton Seniors at 397-1000, Ext. 278.

• PREVENTING STROKES

Wednesday, April 10 — A free program on healthy habits which can lead to the prevention of strokes will be held 10:15 to 11 a.m. at Tonguash Creek Manor, 1160 Sheridan, Plymouth. The program, sponsored by Catherine McAuley Health Center, will be presented by Margaret Piltz-Kirby, a clinical nurse specialist at St. Joseph Mercy Hospital, Ann Arbor. The program will focus on recognizing the symptoms of a stroke, factors leading to one, prevention techniques and diagnostic procedures. Free blood pressure screening will be available from 9-10 a.m.

• S/CRAFT WORKSHOPS

Saturday, April 13 — Schoolcraft College invites residents to register for Community Service courses and workshops beginning April 13. For enrollment and fee information call the college at 591-6400, Ext. 409. Special materials may be required. Classes and seminars are on the Schoolcraft campus at 18600 Haggerty, Livonia. The offerings include:

- April 13, 9 a.m. to 1 p.m. Communication Through Theater Techniques will use theater exercises to expand communication skills.
- April 13, 10 a.m. to 1 p.m. For A Change. Are you thinking about making changes in your life or lifestyle? This workshop may get you started toward a new you.
- April 13, 2-4 p.m. Maskmaking

Workshop. Make a mask and learn the basics of maskmaking. You'll have materials left to make masks on your own.

- April 15, 7-10 p.m. Auto Maintenance You Can Do. Find out how to save money on those little things you pay the mechanic to do that you could be doing yourself.

- April 20, 9 a.m. to 4 p.m. Plan For Success Workshop for pre-entrepreneurial women. This workshop is directed at the skilled and talented woman who wants to start and maintain a business.

• COLLEGE FINANCIAL AID

Sunday, April 14 — Federal and state financial aid for college students will be among the programs discussed at an open house for prospective students beginning at 2 p.m. at Madonna College, Schoolcraft at Levan in Livonia. The event will be in Kresge Hall on campus and will include tours and refreshments. For more information, call 591-5052.

• CHEMICAL DEPENDENCY

Monday, April 15 — Dale Yagielka of Growth Works will make a presentation and a discussion, entitled "Chemical Dependency: You and Your Children," will be held at 8 p.m. in the gym of Our Lady of Good Counsel Catholic School on Peninfilan Avenue in Plymouth. All are welcome.

• SPRING SHAPE-UP

Monday, April 15 — Aerobic fitness dance and exercise classes are scheduled morning and evening, beginning through advanced, at St. John Episcopal Church on Sheldon Road in Plymouth. Week-day morning child care is available. The new session will begin

the week of April 15. Class size is limited. For class schedule and additional information call 459-9229.

• SPRING AEROBICS

Monday, April 15 — The Women's Association of the First United Presbyterian Church of Plymouth is sponsoring a 10-week Dynamic Aerobics session April 15 through June 20. Classes will meet 6-7 p.m. Mondays and Thursdays at the church. Baby-sitting is available. The charge is \$30 for 20 classes or \$18 for 10 classes. Class size is limited. For information or to register, call 459-9485. After April 5, call 453-7624 to register.

• FREE CARDIAC SESSION

Tuesday, April 16 — Catherine McAuley Health Center will host a free discussion for spouses of cardiac patients beginning at 7 p.m. in the Arbor Health Building Community Room, 990 W. Ann Arbor Trail at Harvey in Plymouth. Dolly Bently, R.N., cardiac education coordinator at the health center, will lead a discussion for spouses of cardiac patients to share, discuss and deal with mutual thoughts, feelings, and problems associated with heart disease. For more information, call 572-3094.

• SC ADULT ED

Tuesday, April 16 — Mail-in registration will be accepted through April 16 for continuing education/community services courses and workshops at Schoolcraft College, 18600 Haggerty, Livonia. Classes, which are scheduled to begin May 8, include sign singing, fundamentals of modern marketing, buying and selling your own home, In-

corporate Yourself, couples communication workshop, UFO: The American Experience, florals and crafts for fun and profit, and stress management for single parents. For further information call 591-6400, ext. 409.

• JUNIOR BASEBALL LATE REGISTRATION

Wednesday, April 17 — Late registration for the Plymouth-Canton Junior Baseball Association will be from 7:30-8:30 p.m. in the cafeteria of Plymouth Canton High. There will be a late registration fee of \$10 per family in addition to the regular registration fee. The association still needs additional managers and umpires. Anyone interested may sign up during late registration.

• BUSINESS EXTENSION

Wednesday, April 17 — Join fellow business people at the Plymouth Community Chamber of Commerce Business Extension to be held from 5-7 p.m. at the Hillside Inn. Cost is \$4 per person. For reservations, call the Chamber office at 453-1540.

• BLOODMOBILE AT ELKS

Wednesday, April 17 — The American Red Cross Bloodmobile will be at the Plymouth Elks Lodge 1780 at 41700 Ann Arbor Road, Plymouth, from 3-9 p.m. Anyone wishing to donate blood will be welcome. For a specific time, call Boyd Shaffer, blood bank chairman, at 459-2206.

• SPRING STORY TIME

Wednesday, April 17 — There will be a toddler story time for children age 2-3 1/2 with a parent at 10:30 a.m. Wednes-

days beginning April 24 and running to May 29. Registration will be held at 10 a.m. in person or at 10:30 a.m. by phone on Wednesday, April 17.

There also will be a preschool story time for children age 3 1/2-5 at 10:30 a.m. Thursdays beginning April 25 and running to May 30. Registration is required and will be at 10 a.m. in person or 10:30 a.m. by phone on Thursday, April 18. The library's phone number is 453-0750.

• SHAPE UP WITH BABY

Wednesday, April 17 — A prenatal exercise class for mother and babies younger than 7 months will be held 10-11:30 a.m. at Faith Community Moravian Church, 46001 Warren Road just west of Canton Center Road in Canton. The class features exercises for mom and baby, relaxation and breathing techniques, baby massage, and informal discussion. For information, call instructor at 459-2878 or Childbirth & Family Resource Center at 459-2360.

• NEWSPAPER DRIVE

Saturday, Sunday, April 20-21 — Divine Savior Youth Group will be conducting a paper drive. Money will go towards youth activities. Papers may be brought to Divine Savior Catholic Church at 39375 Joy between Haggerty and Hix roads, or call Bob Holten at 455-4926 if you want pickup.

• WILLOW CREEK SIGNUP

Saturday, May 4 — Willow Creek Co-Op Nursery will have an early registration for new members for its fall preschool sessions 9:30-11:30 a.m. at Geneva Presbyterian Church, 5835 Sheldon north of Ford Road in Canton. Classes are filled on a first-come basis. For more information, call 981-2714.

School board deadline set

With the resignation of school trustee Nancy Quinn, effective April 22, the Plymouth-Canton Board of Education is seeking persons interested in serving on the school board for the next 13 months.

By law, the position Quinn vacates cannot be filled at the annual school election scheduled for June 10.

Anyone interested in applying for the vacant seat should send a letter indicating their interest to the Secretary, Board of Education, 454 S. Harvey,

Plymouth MI 48170.

Deadline to apply for appointment to the school board is April 30.

Board members indicated they would consider interest, district involvement and other qualifications as criteria for making the appointment.

The school will act on the appointment at a special meeting on May 6.

Under state law if the school board does not take action the new member would be appointed by the Wayne County Intermediate School District.

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Student journalists pull down awards in contests

Three national writing awards have been earned by student journalist Marjorie McClellan, a junior in Plymouth-Canton Community Schools.

McClellan has won awards from the American Newspaper Publishers Association (ANPA) Foundation, a Gold Circle award from the Columbia Scholastic Press Association, and a gold key from the Quill and Scroll competition. McClellan is a staff writer for the CEP Perspective, the student newspaper at Plymouth Centennial Educational Park (CEP).

THE GOLD CIRCLE awards presented by Columbia Scholastic Press Association also were earned by three other staff members of the CEP Perspective. Brian Zubach, a senior at Plymouth

Salem High, was awarded second place for his graphic art work. McClellan of Plymouth Canton High earned a second place award for her feature article, "She Chose to Keep the Baby" — the story of a high school student who became pregnant and made the decision to keep her child.

Columbia awarded a certificate of merit (fourth place rating) to Chris Olson, Canton High senior, for his photograph "Life On The Edge," and Doug Drake was awarded a certificate of merit for his book review, "Mister Stumbles With 'Tough Guys Don't Dance'."

The CEP Perspective also was awarded a second place by the Columbia student press group for its feature page design.

McClellan earned a second place award from the ANPA Foundation for her "She Chose to Keep the Baby" feature.

"The ANPA is a very prestigious contest," said Rosalind Stark, publications editor of the ANPA. "Marjorie should be very proud." Her story was chosen one of the top winners from some 4,093 entries nationwide.

The ANPA Foundation contest is for high school students only. There are only eight first place winners and eight second place winners in the U.S. "To be among the top 16 winners out of more than 4,000 entries is quite an accomplishment," added Stark.

McClellan's third award was a gold key from Quill and Scroll International Honor Society for High School Journalists for her feature story, "When Plym-

outh Brushed with the Constitution." That feature retold the story of Plymouth police arresting Plymouth High School students for circulating an underground newspaper in the city and the lawsuit which followed.

She was one of 207 students out of 3,470 who received this national award from Quill and Scroll. In the features category there were 551 entries. Quill and Scroll is the magazine published by Sigma Delta Chi, the professional journalism society for students and working journalists.

"It's quite an achievement for Marjorie," said Diane Roberts, office manager for Quill and Scroll, "to be recognized as a national winner for her feature story. That's a great accomplishment."



WINNERS OF RECENT STUDENT JOURNALISM AWARDS AT THE CENTENNIAL EDUCATIONAL PARK (CEP) ARE: (STANDING FROM LEFT) CHRISTINE OLSON, ALICE SHOBE, BRIAN ZUBACH, DOUG DRAKE (SITTING FROM LEFT) MARJORIE MCCLELLAN AND SCOTT CALLAHAN

campus news

CHARLES SLYTON

Charles Slyton of New England Lane, Canton, was among those named to the dean's list for the first semester at Anderson College, Anderson, Ind.

MSU GRADS

The following residents were among those who earned degrees at separate commencement exercises March 9 on campus of Michigan State University, East Lansing.

Jacqueline Clemente of Wheaton Dr., Canton, a B.S. degree in family and consumer resources; Thomas J. Dilley of Brentwood, Plymouth, B.A. in criminal justice; Kenneth L. Holan of Woodberry, Plymouth, B.S. in computer science; and Cynthia Skaggs of Ross, Plymouth, a B.A. degree in elementary education.

LIT HONOREES

The following students have been named to the dean's list for the winter term at Lawrence Institute of Technology, Southfield.

Darrell He of Plymouth, Kristin K. Bouman, K.F. Czarnowski, Vincent P.

Lavdie, Raymond J. Walsh, Deborah A. McHenry, and Scott A. Sumner, all of Canton.

S'CRRAFT HONOREES

The following full-time students were named to the dean's list for the fall semester at Schoolcraft College, Livonia.

From Canton: Gary W. Andrews, Marie Carstens, Deborah L. Gardner, Ann M. Hurley, Michelle L. Jaquinta, Christine S. Kravetz, Elizabeth R. Kushman, Joyce E. Kindabury, Michael J. McGrath, Frank M. Portell, Kenneth R. Schmidt, Steven K. Schmitt, Renee M. Skoglund, Kristin C. Suffer, Mamie D. Sumner, Kathryn D. Walter, Karl J. Wehrheim, and Kristin Lee Workman.

From Plymouth: Diane M. Adams, Laura E. Arendsen, Norma S. Buchanan, Audrey A. Buck, Richard F. Burger, Kevin B. Canzoneri, Michael B. Cramer, Lynn E. Dawson, Christine M. Dezell, Erin M. Fularczyk, Christina A. Hosking, Jerry W. Hotchkiss, Alida M. Jensen, D. Pauline Jowsey, Jennifer J. Kinsler, John D. Lennon, Theodore R. Lukens, Leanne M. McCarthy, Alan J.

McMahon, Susan D. Moore, Judith A. Pinnstiel, Linda K. Rama, Kristine L. Schmidt, Cynthia L. Schwall, Mark J. Stanton, Todd A. Stolaruk, Charlotte M. Thomas, and Mary L. Williams.

UM-D HONOREES

The following University of Michigan-Dearborn students recently were honored for scholarly achievement at an honors convocation for students with a grade point average between 3.7 and 4.0, departmental award winners, scholarship and special award winners.

Those honored with averages between 3.7 and 4.0 from Plymouth were: Virginia Charron of Turtlehead, a sophomore; Jeffrey Henning of Sheridan, junior; Jeffrey Michalek of Ann Arbor Trail, senior; and John Voisinet of Ambert Ct., a senior.

FORD HONOREES

Mary Peters and Lesa Monroe, both residents of Canton, were among those named to the dean's list for the fall semester at Henry Ford Community College in Dearborn.

EMU HONORS

The following residents are among a group of 106 additional students selected to receive the Recognition of Excel-

lence Scholarship Awards from Eastern Michigan University, Ypsilanti.

Kelly Aldrin of Clemens, Plymouth, a student at Plymouth Salem High; Patrick Hinks of Tavistock Court, Plymouth, a Salem student; Monica Mukhi of Spinning/Wheel Drive, Canton, a student at Plymouth Canton High; Karen Sands of Selkirk Drive, Canton, a student at Canton High.

Earlier some 206 award winners were announced and additional winners will be announced at a later date.

SUSAN KNIGHT

Susan Knight of Birchwood, Plymouth, has been appointed to the staff of Hiawatha Youth Camp in Eckerman on the shores of Platt Lake in Michigan. Knight is a 1984 graduate of Plymouth Christian Academy in Canton and is majoring in secondary education with a math emphasis at Malone College in Canton, Ohio.

The former camper and Miss Hiawatha of the week will be working the entire summer at the camp. As a staff member, Knight will be responsible for guiding the teen-age campers in physical and spiritual activities.

from our readers

Stranded driver thanks helpers

To the editor: I would like to award the "Good Apple Award" to three great fellows who got my car started for me on Saturday,

March 23. The alternator belt needed help and they were near the Grange Hall when I told them my car wouldn't start.

They refused any compensation. They worked fine and I got home OK, thanks to them. (I'm a new resident here and like it).

Ann Hoile
Plymouth

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We have designed the new Admitting Center to insure your safety, comfort and convenience.

If you are to be admitted while we are changing the location of our Admitting Center, you will be contacted by phone, with detailed directions.

If we can provide you or your physician with further information, we encourage you to call the Admitting Center staff at 572-5111.

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for your information

SPECIAL OLYMPICS

Special Olympics, an international program of physical fitness, sport training and athletic competition for mentally impaired children and adults, is being formed in the Plymouth-Canton area. Anyone interested in participating should contact a representative of the Special Education Parent Advisory Committee (SEPAAC) at 455-7684 or 426-0509.

SEEKING DISCOUNTS

During April representatives from the Plymouth Community Council on Aging Inc. will be contacting new merchants to become participants in the Senior Discount Program.

SPRING OPEN SKATING

Open skating at the Plymouth Cultural Center, 525 Farmer, is operating under the following spring schedule through Thursday, May 16:

1-2:50 p.m. on Mondays, 8:30-11:40 a.m., 12:50-2:50 p.m. and 6-7 p.m. on Tuesdays; 1-2:50 p.m. Wednesdays; 8:30-10:40 a.m., 10:50 a.m. to 12:50 p.m., 1-2:50 p.m. and 8-9:50 p.m. on Fridays; and 2:30-4 p.m. on Saturdays.

Anyone with questions may call the recreation department at 455-6620.

ART IN THE PARK

Art in the Park, held the past three years in conjunction with the Mayflower Hot Air Balloon Festival, will be held in 1985 even if the festival is canceled. Art in the Park is a juried show which will be held in Kellogg Park July 6, 7. For further information, or for an entry application, contact Show Director Diane Quinn at 453-0001 or the Plymouth Community Chamber of Commerce at 453-1540.

FOURTH OF JULY

Plans are being made for the 1985 Fourth of July celebration in Plymouth featuring a parade and fireworks sponsored by the Plymouth Jaycees. Last year, the parade attracted some 4,500 spectators and the fireworks some 25,000 persons, according to Fred Eagle, parade co-chairman. The parade will begin at 10 a.m. Thursday, July 4. Parade entry forms soon will be available at Plymouth City Hall or Plymouth Township Hall or by calling Eagle at 464-6797. The parade also needs donations from businesses to cover the expenses of the parade. Send donations to: Plymouth Jaycees, c/o 1985 Fourth of July Parade, 14728 Ronnie Lane, Livonia MI 48154.

SOAPSTONE CARVING

A rare soapstone collection is on ex-

hibit through April 24 at the Plymouth Historical Museum, 155 S. Main at Church. Soapstone carving, a "cottage industry" of China passed down from one generation to the next, dates back to the Sung Dynasty (960-1279 A.D.). Also on exhibit is the museum's inventory collection (also carved in China); rocks, minerals and fossils displayed by the Plymouth Rock and Mineral Society; and children's chairs (1800s) including highchairs, rocking chairs, and potty chairs. The museum is open 1-4 p.m. Thursday, Saturday and Sunday. Admission.

SCHOOLCRAFT SCHOLARS

Applications now are being accepted for the 1985-86 Schoolcraft College Presidential Scholarships. Recipients receive \$500 their first year at Schoolcraft, and the awards are renewed for the second year if the student completes 26 credit hours with a minimum of a 2.5 grade point average. For applications or information, call the Schoolcraft College Financial Aid Office at 591-6400, Ext. 350.

STATE TAX GUIDE

The Michigan Taxpayer's Guide, a booklet with helpful hints on filling out this year's tax forms, is available at post offices and banks, or by writing the state Rep. Gerald Law, State Capitol, Lansing 48909 or calling Law at 1-517-373-3816. The guide contains information on property taxes, the property tax credit, the Michigan income tax, the single business tax and other tax-related subjects.

INCOME TAX FORMS

Although most taxpayers receive a tax package from the Internal Revenue Service (IRS) by mail, the forms they receive may not meet all their needs. If you experience that problem as you prepare your 1984 tax report, the forms you need may be at the Plymouth Post Office. Office-in-Charge Vernon Racine says that changes in filing status, capital gains or losses, or profit and loss on a business may require the taxpayer to seek IRS forms which are not included in the package. "We have many forms for these situations at the post office," adds Racine.

'RIDE WITH US'

Plymouth Area Citizen's Team (PACT) is looking for new members. Take a ride with a PACT member and see how the team of volunteers works. For more information, call 455-5396.

WEATHER SPOTTERS

Training meetings are from 9 a.m. to noon on the fourth Saturday of each month at Plymouth Township Hall.

Mill at Ann Arbor Road. Volunteers are trained by the Plymouth Township Office of Emergency Preparedness as severe weather spotters. As part of the area's early warning system, the volunteers are trained to spot and report emergency weather situations such as tornadoes, severe wind or hail storms.

VETERANS PROGRAM EXTENDED

Area Vietnam era and disabled veterans should be aware of recent changes affecting the Veterans Readjustment Appointments (VRA) program. VRA is a federal hiring program providing special, non-competitive hiring of these veterans. Originally scheduled to expire Sept. 30, 1984, the program has been extended through Sept. 30, 1985, through passage of the Veterans Benefits Improvement Act (PL 98-543). It is not expected that the VRA program will be extended beyond that date.

In addition to extending the program, PL 98-543 raised the entry grade level maximum from GS/GW-7 to GS/GW-9 and also provided limited appeal rights during the first year of appointment. A Vietnam era or disabled veteran who has completed no more than 14 years of education may qualify for a VRA. (This restriction may be waived for disabled veterans.) For further information, interested veterans may call the local American Legion hotline at 453-9494 and leave a message regarding information desired.

CPR TRAINING

The Community Education Department of Plymouth-Canton Community Schools will be conducting CPR instructor training classes for persons who have completed the full course in CPR and currently have a valid CPR card. The Community Education Department has provided free CPR classes for a number of years. To continue this, more CPR instructors are needed. For that reason, the department is

seeking currently trained CPR personnel to devote 12 more hours to receive their instructor's card. Anyone interested in becoming a CPR instructor may call the department at 451-6660.

CANTON HISTORICAL SOCIETY

Canton Historical Society at 7:30 p.m. meets the second Thursday of each month in the Canton Historical Society Museum on Canton Center Road at Proctor.

COMPUTERS IN LIBRARY

Four Apple IIe computers are available for public use in the Dunning-Hough Library, 223 S. Main, Plymouth. Children younger than age 14 will be required to attend a training workshop or pass a users test. Children younger than age 8 must be accompanied by a parent while using the computer. All patrons must have a library card and must sign a responsibility card also signed by a parent or guardian. Once the responsibility card is on file at the library, patrons may reserve computer time and software. Rules and instructions for using the computers, the responsibility card, and a list of software are available at the library. For more information, call 453-0750.

MINOR HOME REPAIRS

The Conference of Western Wayne Minor Home Repair Program has been funded through Senior Alliance Inc. for fiscal year 1985. The program assists persons 60 and older and owning their home with minor home repair tasks. For information, call 525-8690.

DIABETIC SUPPORT

A Diabetic Support Group will begin meeting 7-8 p.m. the third Monday of each month at Oakwood Hospital Canton Center at Warren and Canton Center Roads in Canton.

ON-THE-JOB TRAINING

The employment program of the

Wayne County Office on Aging is accepting applications for on-the-job training programs. The programs include on-the-job training with pay for a variety of positions in such fields as health care, sales, secretarial, clerical and maintenance. Assistance is provided for job search skills, resume writing, interview techniques, self-confidence building and goal setting. Eligibility criteria includes age 55 or older, low income, resident of Wayne County (excluding downriver and Detroit). For information, contact Herbert Alexander or Larry Gentile at 467-3454.

BLOOD PRESSURE CHECKS

Free blood-pressure checks are offered by members of the Volunteer Guild of Oakwood Hospital Canton Center 6-8 p.m. each Tuesday in the main lobby of the hospital at Warren and Canton Center Roads in Canton.

CPR CLASS

CPR Heart Saver classes are taught the second Monday of each month at 7 p.m. in Oakwood Hospital Canton Center, Warren at Canton Center Road. This course covers one-person CPR on an adult, and what to do for a person with an obstructed airway.

STUDENT OF THE MONTH

The Plymouth Elks will be honoring a student of the month for April and in May a student of the year. Students may apply or may be nominated by another student, teacher or member of the community. Students will be selected on the basis of any of the following: achievement, character, leadership, service, citizenship or scholarship.

NEW HORIZONS

New Horizons, a sharing exchange for mothers, will meet the second and fourth Fridays of each month 9:30-11:30 a.m. at Faith Moravian Community Church, 46001 Warren west of Canton Center Road. For information, call Mary at 455-8221.

CRISIS COUNSELING

If you want help in solving a problem, are looking for a referral, or need information about drugs or alcohol, counselors at Turning Point Counseling and Crisis Intervention Center can help you. Counselors are available 6:30-10:30 p.m. Monday through Friday. Other hours are available by appointment. Phone 455-4900.

Turning Point is a non-profit community service of Growth Works Inc. which offers crisis intervention and counseling.

BEGINNING STRING CLASS

The beginning string class for students in grades four to six will meet 6:30 p.m. each Tuesday in the music room of Plymouth Salem High. Janita Hawk, string specialist at Madonna College and Ladywood High School, will be teaching the beginner lessons for violin, viola, cello and string bass. Tuition for the group lessons will be \$50 for the 1984-85 school year. Some instruments will be available at a moderate rental fee.

HELPING ADULTS READ

Plymouth-Canton Community Education can help adults read. For more information, about Adult Basic Education, call 451-6555 or 451-6660. Open enrollment. Students can begin classes at any time.

DANCE SLIMNASTICS

Dance, stretch, bop, hop... it's all in the moves with Dance Slimnastics. Aerobic dancing is a rhythmic mixture of simple movements and dance steps set to music, designed to improve and maintain cardiovascular/physical fitness. Participation is not limited by age, sex, or shape. Class meets 7:30-8:30 p.m. Mondays and Wednesdays for eight weeks at the Plymouth Cultural Center, Farmer at Theodore. For information, call 455-6620.

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Fond memories of opening day back in 1924

From his seat high up in the pressbox at Tiger Stadium this afternoon, unless the weatherman deems otherwise, The Stroller will be looking down on the playing field and living in memory of the outstanding stars of other years. As he awaits the call of "Play Ball!" to send the Tigers into action, he will recall the first visit to what was then Navin Field and the sight of the immortal Ty Cobb swinging his three bats as he came to the plate. It was in 1924 and to get to the lofty pressbox, one had to climb a ladder and then master a cat walk to get to his seat in the working press row. And while he thrilled at seeing Cobb for the first time, he also will be remembering the sight of Lou Bue at first base. He was the smoothest operator at that bag the Tigers ever had.

But as the years went on and The Stroller never missed the opener, he saw all of the stars and those who stood out above the others. And now when he sees Sparky Anderson walk out to the pitcher's mound, he can't help recalling the sight of Hughie Jennings when he coached at third base in the '20s and let out a yell of "Eh yeh" each time he sought attention. On that first visit to the stadium, it never dawned on The Stroller that the day would come when he would be covering all the details of the game and traveling with the team. But that happened and the memory of those days never will be forgotten. This was during the reign of Mickey Cochrane as the manager and there seldom was a game that didn't provide a thrill and a memory.

FOR INSTANCE, there was the campaign of 1934 when the Tigers won their first pennant in 25 years and earned the right to meet the St. Louis Cardinals in the World Series, in a slug of a game that the Tigers won 4-3. Cardinals, with the immortal Dizzy Dean, arrived at the stadium to open the series. The Tigers had just finished practice when there was a roar from the right field section. In walked a rangy fellow with a large cowboy hat. He let out a yell and everyone knew it was Dean. He jumped over the railing and headed toward the plate. Then he picked up a bat and yelled, "throw me one." The pitcher did and Dean hit the ball into deep right field. "You guys are going to be easy," he said, and walked away. That was the signal that the series would be a wild one. And Dizzy had the honor of pitching the deciding game to beat the Tigers. THEN CAME the next year when little Tommy Bridges gained a place in Tiger history. The Tigers battled the Chicago Cubs on even terms and the seventh and deciding game was played at the corner of Michigan and Trumbull. Came the ninth inning and the first man up tripled for the Cubs. A great sign went up from the crowd and it looked like curtains for the Tigers. But little Tommy Bridges went to work and fanned the last batter. When the game was over and the Tigers had won, Mickey Cochrane described the thrill by saying, "Little Tommy threw his heart up there. It was just great."

Just prior to that, Cochrane scored what was to be the winning run when he came in from third base when Goose Goslin came through with his "blooper" hit. It was a bit of a blow over second base. But it won the game and got "Goose" in the Detroit Hall of Fame. Oh, what memories there will be as we sit there high up in the press box to await the opener — and hope it, too, will provide some memorable thrills. All of the dealers except one — Blackwell Ford — provided their monthly sales totals. It was pointed out that these sales were made despite the fact the sales rooms were not open on Saturdays and Sundays. Also, the survey did not include the sale of used cars which would have boosted the average much higher. Don Massey Cadillac led the way with an average of 35 cars a day. And, Massey added, his dealership is set up to handle 60 cars a day.

Two other dealers — Honda and Subaru — were quick to point out that these foreign cars were difficult to get and their sales would skyrocket if the cars were available. HERE ARE the unofficial survey figures which show that the economy is on the rise here. CADILLAC: Massey, who sees a bright future for the automobile industry, admits his agency sells an average of 35 cars a day and could go up to 60 with the coming of spring and summer months. CHEVROLET: Lou LaRiche reported his average sales amounted to 139 Chevrolet and 22 Subaru models. He added that, the foreign cars would climb if they were readily available. BUICK/DODGE: Dick Scott said he is watching a close race between the Buicks and Dodges, which are sold by his two dealerships on Ann Arbor Road. At present, he averages 110 cars a month in each model and is looking forward to a rise in the spring. CHRYSLER: Fox Hills Chrysler-Plymouth sales performance has reached an average of 120 cars a month and they also expect to see a climb when the summer months are here.

Auto sales rise in Plymouth

By W.W. Edgar
staff writer

Proof that the economy is on the rise is shown by the sale of new automobiles in the Plymouth community. With the arrival of spring when sales will be high, the Plymouth dealers were pleased with the results of an unofficial survey taken this week showing an average of 75 cars are sold each day in the city and township. The dealers, while pleased with the showing thus far, were quick to explain that this average would be higher if it wasn't so difficult to acquire imported cars. All of the dealers except one — Blackwell Ford — provided their monthly sales totals. It was pointed out that these sales were made despite the fact the sales rooms were not open on Saturdays and Sundays. Also, the survey did not include the sale of used cars which would have boosted the average much higher. Don Massey Cadillac led the way with an average of 35 cars a day. And, Massey added, his dealership is set up to handle 60 cars a day.

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Lincoln-Mercury averages 135 cars each month with plans afoot to handle 175 when the warm weather and the new models come on the scene. HONDA: Sunshine Honda, at the time of the survey, was handling 75 cars a month, but would be much higher if the foreign cars were not so difficult to get. The dealership expects improvement along this line. PONTIAC: Bob Jeannotte Pontiac reported an average of 80 cars a month at this time, but expects to see this climb to 180 when the new models and warm weather come along. The sales manager reported the agency averaged 95 cars a month last year. So, the survey suggests, the Plymouth community is doing its part to help keep the economy on the rise.



Library's new cover
Erin Wysocki and Catherine Baxter enjoy the refreshments while grownups check out the addition and renovation at the recent Dunning-Hough Library open house and dedication.

Physical fitness fad carries a heavy load and tension

Personally, I cannot wait until all this trendy preoccupation with being physically fit and healthy goes the way of leisure suits and disco dancing. This may be all well and good for Jane Fonda (not to mention Lucerne), but there are a few of us around who don't look so hot in a body stocking with leg warmers and we're really sorry about it. The prospect of "going for the burn"

hand over the hot kitchen stove — I'm just not all that crazy about torturing myself. I, for one, was tickled pink when I read that Cher had her arm in a sling because she got a bad case of tendonitis making that torrid Vic Tanny commercial. Poor baby. I think I'm on the verge of slapping anyone who mentions jogging to me ever again. It seems that those who

pursue this ludicrous pastime get as much mileage out of talking about it as they do on the road. Don't tell me about it — just do it if you really feel you have to. Dieting is another topic that has been given too much publicity of late. I've been on a diet for 26 years now and you don't see me writing a book about it — though I guess my lack of success would probably give a somewhat negative slant to the overall tone of the book. I refuse to think about how much sodium and cholesterol I'm ingesting — I have enough trouble with the calories. All this preoccupation with physical appearance seems a tad self-absorbed to me. Now, I'm as preoccupied with myself as much as any other neurotic writer, but I see no need to literally sweat about it.

Why is everyone I see in commercials these days walking about wearing exercise outfits with towels hanging around their necks? The implication that I should dress this way and become obsessed with the amount of fiber in my diet is a distressing one. I prefer to sit back and read a good book, thank you. It's a proven fact that one cannot get tendonitis by merely exercising their imagination!

There are times everyone needs a little craziness and fun in their lives however they may be. Just because I am a professional does not set me in an anti-fun-loving group. Everyone, whether they "classify" themselves as professional or non-professional needs a little time out from the daily grind. The festival with its varied activities supplies a diversion for all of us and the "fling" for the craziest! Let the "chips" fall where they may, but I support the fling. This is nothing to moo about. DEBBIE LEFFKE

from our readers

Fling brings relief
To the Editor:

On this first day of April, I couldn't help but join in on all the "foolishness" surrounding the Cow Chip Fling controversy. The date couldn't have been more appropriate.

As a mother of two school-age children, I am fully aware of many incidents and/or events taking place within our community which have a "negative" impact. How about substance abuse in our schools, mini-rumbles between seventh and eighth grade burouts and preppies, obvious intentional vandalism on Dionne St. and, of course, the latest antics of our school board concerning random selection?

In comparison, a cow chip fling hardly deserves to be listed as a negative.

I consider myself a highly skilled professional person. However, I have not lost my sense of humor. If the lack of humor goes along with being skilled and professional, perhaps I will reconsider my profession and skill level.

I'm a city girl born and raised, but I'll be out there this summer flingin' with all my might and laughin' all the way. DIPIED IN

No chip on shoulder
To the Editor:

I have been a resident of Canton for the past four years and also a busy mother and career person.

Madonna College offers an educators' workshop

Three workshops are being offered by Madonna College, 196 at Levan, Livonia. For information or registration, call the Office of Continuing Education, 591-5188. JUNIOR AND senior high school teachers will have an opportunity to enhance their teaching skills in science and math at Madonna College. They may also earn credit. Madonna is offering five courses in a summer institute beginning June 22: Immunology, Human Genetics, Computers in Chemistry Education, Advanced Inorganic Chemistry and Modern Physics: Atomic and Nuclear. Other applicable courses are scheduled in evening hours, beginning May 6: Computers, Anatomy and Physiology, Calculus and Analytic Geometry and Mathematics Division of Madonna College, 591-5104. "OCEANS: OUR Continuing Frontier," an upper division course for non-science majors, will be offered at Madonna College, Livonia, beginning May 6. To be held on Tuesdays and Thursdays from 7-10 p.m., the course will be taught by Carron Odokara, a noted biologist. Contact the Natural Science and Mathematics Division of Madonna College, 591-5104.

Group formed to share search for likable types of employment

Job Talk is a newly-formed special interest group for individuals seeking employment or who are presently employed but dissatisfied. "If you are embarking on a career search, for whatever reason," explains Ginny Eades, "Job Talk members are eager to share successes, failures, methodology and, most importantly, offer a resource and support system for others in the group." The meetings are held from 7-8:30 p.m. Mondays and Wednesdays in The Letter Writer office at 41727 Joy Road, Canton. There is a \$10 fee for each session, and each group is limited to 10 persons. The group and its weekly speakers offer information on resume writing, cover letters, interviewing techniques, job hunting ideas, self-motivation, and an arena in which to express frustrations and receive positive input. For information or to make a reservation call 455-8892.

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Driver education sign up slated
Registration has been scheduled for the 1985 summer driver education classes. Students may sign up for driver's ed May 6-10 in Room 3000 at Plymouth Salem High School. Registration will be held 2-4 p.m. each day according to the following schedule:
• Monday, May 6, for students born in March 1969 or before.
• Tuesday, May 7, for students born April through June 1969.
• Wednesday, May 8, students born July through September 1969.
• Thursday, May 9, students born October through December 1969.
• Friday, May 10, students born January through March of 1970.
Registration is based strictly on the age of each student. Because the oldest students register first, students registering Friday, May 10, may be placed on a waiting list if classes have been filled. In case of cancellations, names will be drawn from this waiting list based on age with the oldest students filling any vacancies. There will be two driver education sessions. Session 1 is from June 18 through July 18 and Session 2 is from July 18 through Aug. 14. Any further questions can be answered by calling 451-6204.

Dentists find new 'shines' for pearlies
By W.W. Edgar
staff writer
The dental profession has made many spectacular strides since the days when George Washington, our first president, was forced to wear wooden teeth. Today, the wooden teeth are long out of use and their place has been taken by materials to meet the most demanding jobs. When it comes to the color of fillings and shapes of the teeth, a substance is used called silver glass ionomer or commonly called TMJ. Gary Hall, the dentist with offices on Schoolcraft Road just east of Northville Road, sat at his table the other afternoon and proudly showed the latest gem on the market. "The women," he said, "grew to dislike the old time fillings because they turned dark. This new combination that has just been placed on the market takes care of that complaint. It pleases the patient because it keeps its color and is easy to use." HALL HELD one of the new pieces and explained that it was easy to use and would last — even with its color — for a number of years. "And to make it more desirable," he added, "it is a lot cheaper than the old methods." Dr. Hall then brought out another novel bit that would help those with "punched" teeth. These are the teeth that for some reason are pressed between two good teeth. "In the old days," he said, "it was the custom to cut a piece off the tooth and try to fit in with the others. No so to day." He then showed the latest device to help in these cases and said the children can grow with good teeth if the parents catch the trouble in time. Many people think the trouble is caused by the joint at the top of the jaw. But it is because the teeth are not growing properly. "These latest things can almost chase us out of business," he said with a smile. "But it shows the great advancements that have been made since the days when General George Washington wore wooden teeth."

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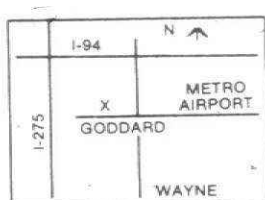
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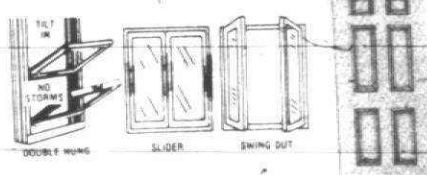
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For gracious, comfortable dining, there's nothing like an old country inn. Americans love the ambiance created by old stone fireplaces, antiques and polished woods. Even the foods served have a special charm.

The Beekman Arms in Rhinebeck, New York, is the epitome of a fine country inn. The Executive Chef, Bruce Harms, takes American classics such as roasted lamb, rice and cranberries and makes subtle changes that insure that the food is in step with the culinary times.

"Bone the leg of lamb before roasting for easier slicing," Chef Harms suggests. "Never overcook lamb," he adds. "Cook to an internal temperature of 140° rare and 150 to 155° for medium. Baste it with a cranberry-orange glaze while cooking for a moist, succulent and unique flavor."

Rice also takes on a different taste when it is cooked in a flavored liquid such as chicken broth or orange juice. For this menu, orange flavoring is added to complement the lamb basting sauce and add a festive light coloring to the rice dish.

For the perfect finishing touch, cranberries, a native American fruit, are combined with a nouvelle favorite, white chocolate mousse. The tangy and tart cranberry sauce is an excellent contrast to the sweetness of the mousse.

CRANBERRY-ORANGE GLAZED LEG OF LAMB

- | | |
|---|--------------------------|
| 1 boned, rolled and tied leg of lamb (5 pounds) | 1/2 teaspoon sage leaves |
| 1/2 teaspoon marjoram leaves | 1 clove garlic, slivered |
| 1/2 teaspoon rosemary leaves | 1 medium onion, chopped |
| 1/2 teaspoon thyme leaves | 1 stalk celery, chopped |
| | 1 medium carrot, chopped |

Before tying, rub lamb with marjoram, rosemary, thyme, and sage; cut 1/4-inch deep slits in leg, insert garlic slivers, roll and tie. Place chopped onions, celery, and carrots in bottom of roasting pan; place lamb on top. Cook 1-1/2 hours at 350°, or until meat thermometer registers 140° for rare (150° to 155° for medium). Brush with Cranberry-Orange Glaze last half hour. Serve lamb with remaining glaze. Serve with Orange Rice. Makes 10 to 12 servings.

Cranberry-Orange Glaze

- | | |
|--|----------------------------------|
| 2 jars (14 ounces each) cranberry-orange sauce | 2 cups orange juice |
| | 4 ounces (1/2 cup) Grand Marnier |

In large saucepan, combine ingredients; heat, stirring, to melt.

Orange Rice

- | | |
|-----------------------------------|------------------------------|
| 1 cup uncooked rice | 1/2 cup dry white wine |
| 2 tablespoons butter or margarine | Grated peel of 1 orange |
| 1/2 teaspoon salt | Juice of 1 orange |
| 1-1/2 cups boiling chicken broth | Salt and ground white pepper |

Combine rice, butter, and salt in baking dish. Stir in chicken broth and wine. Cover and bake at 350° for 25 minutes (35 minutes for parboiled rice), or until rice is tender and liquid is absorbed. Stir in orange peel and juice. Return to oven for 10 minutes. Season to taste. Fluff with a fork and sprinkle with parsley or slivered almonds, if desired. Makes 6 servings.

HEARTLAND LAMB STEW IN RICE RING

- | | |
|---|--|
| 3 pounds lamb shoulder, bone-in, cut into 1-1/2 inch pieces | 1/4 teaspoon dried rosemary |
| 3 tablespoons vegetable oil | 1 small bay leaf, crushed |
| 1/3 cup flour | 1 cup water |
| 1 tablespoon sugar | 3 carrots, cut in thick slices |
| 2 teaspoons salt | 6 medium turnips, quartered |
| 1/2 teaspoon ground black pepper | 1 package (10 ounces) frozen green beans |
| 1 can (16 ounces) tomatoes | 6 cups hot-cooked rice |
| 2 medium onions, quartered | 1 cup grated Cheddar cheese |
| 1 clove garlic, minced | 1/4 teaspoon ground white pepper |
| 3 whole cloves | |

In oven-proof Dutch oven, brown lamb in oil. Pour off drippings. In small bowl or cup, mix together flour, sugar, salt, and black pepper. Sprinkle over lamb; stir

well. Add tomatoes, onions, garlic, cloves, rosemary, bay leaf, and water. Cover; bake at 350° for 40 minutes. Add carrots and turnips. Bake, covered, another 10 minutes. Correct seasonings, if necessary. Add beans, cover, and bake 10 minutes longer, or until meat and vegetables are tender. Combine rice, cheese, and white pepper. Pack firmly into well-buttered 6-cup ring mold. Unmold onto serving plate. Fill center with lamb stew. Makes 6 servings.

WHITE CHOCOLATE MOUSSE

- | |
|---------------------------------|
| 12 ounces white chocolate |
| 1/4 cup butter or margarine |
| 3 tablespoons amaretto |
| 1-1/2 teaspoons vanilla extract |
| 3 egg yolks, beaten |
| 1 cup heavy cream, whipped |
| 5 egg whites |

Break chocolate into pieces. Place in top of double boiler; add butter. Cook over hot water until chocolate melts. Remove from heat. Stir in amaretto and vanilla. Cool. Stir in egg yolks. Fold chocolate mixture into whipped cream. Beat egg whites until stiff but not dry. Fold carefully but thoroughly into chocolate mixture. Turn into a glass dessert bowl or individual sherbet dishes. Let stand in refrigerator at least 12 hours. Serve with Brandied Cranberry Sauce. Mousse and sauce can be layered as shown in picture. Note: If white chocolate cannot be found in your supermarket, look for it in a candy store. Makes 12 to 16 servings.

Brandied Cranberry Sauce

- | |
|---|
| 1 can (16 ounces) Whole Berry Cranberry Sauce |
| 2 tablespoons amaretto |

In a saucepan, melt whole berry cranberry sauce over low heat. Break up with a wooden spoon, stirring well. Remove from heat. Stir in amaretto. Put mixture through food processor.



Chef Bruce Harms of Beekman Arms, one of the oldest inns in the country, suggests starting Easter dinner with smoked trout, followed by boned roasted lamb basted with a cranberry-orange sauce, orange flavored rice and a vegetable bowl of snowpeas, onions, broccoli and carrots. For dessert, a white chocolate mousse is layered with a colorful cranberry sauce.

Catering to travellers since 1766, the Beekman Arms in Rhinebeck, New York, has always been known for its charm, comfort and excellent cuisine. Much of the colonial and 19th century atmosphere remains.

The menu is a blend of the old and the new. Roasts of all types have been featured regularly since the Inn was a stage coach stop. Today, a different roast is served every day, with lamb the special for Thursdays throughout the year. A favorite since olden days, rice is updated in a variety of ways to complement menu items daily.

The Inn is famous for its desserts—cheesecake, bread pudding with whiskey sauce and chocolate mousse. The chef also makes a white chocolate mousse layered with a cranberry sauce.

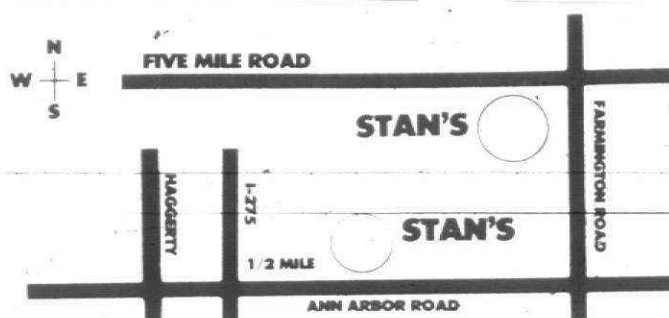
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Oriental cookery doesn't have to be mysterious

Restaurants have long purveyed the delights of Oriental cookery to an avid American public. With Cantonese restaurants leading the way, before many of the staunchest devotees of the Oriental way of dining were even born, there has been an endless stream of restaurants introducing adventurous diners to an ever-fascinating succession of dishes and cuisines.

Thus, Americans are eating with confidence the foods of countries as diverse as India and Japan, Korea, Thailand and Vietnam.

However, all too often, that confidence falters when it comes to cooking. Individuals who prepare Mexican, Italian, French and Greek foods as a matter of course, and even condescend on occasion to wot up a simple, stir-fried Chinese dish, still hesitate when it comes to taking up the chopsticks to recreate the cuisines of China's neighbors, near and far.

This occurs for a variety of reasons. Many of the ingredients are unfamiliar, the techniques confusing, the necessary equipment daunting.

However, this need not be so, as Jennifer Brennan proves in her recently published volume, "The Cuisines of Asia" (St. Martin's, \$19.95).

Brennan sets out to demystify Oriental cookery, making it more accessible to the many eager home cooks by breaking it down by technique rather than country of origin, and by creating recipes around ingredients which are widely available across the country. The result is to instill a feeling of confidence and the ability to improvise, mix and match.

THE COUNTRIES covered in Brennan's volume are China, India, Indonesia, Japan, Korea, Malaysia, the Philippines, Thailand and Vietnam.

The techniques which provide the backbone for these varied cuisines range from barbecuing to stir-frying, and include methods as diverse as currying and deep frying, steaming and simmering, plus baking (a brief excursion into Oriental bread-making) and creating dishes around the array of Oriental noodles which are currently gaining favor in this country.

Brennan begins by carefully discussing the necessary equipment for Oriental culinary endeavors, and goes on to provide sketches of the countries and cuisines covered in the volume. An attempt to stimulate the taste buds and the imagination, to bring to life the cuisines of the East, to stimulate a sensory journey through the Orient.

General techniques — boning a chicken, cutting methods, creating vegetable garnishes — are covered next. Then Brennan swings into the area of basics — sauces, marinades, spice mixes, won ton dough.

The chapters that follow are the meat of the book. "Souped Up" takes the reader, cook from China (Hot and Sour Meat Soup) — to India (Mulligatawny, or Indian Curry Soup), by way of Japan (Spinach Soup with Eggs) and the Philippines (Hearty Chicken Soup from the Philippines).

"The Knack of Snacking" seizes as its subject the wide range of Oriental finger foods — made in advance and sold by vendors in markets, food shops

and on the street, to be eaten "on the run."

Chinese Egg Rolls are perhaps the most familiar of these savory. Others which Brennan includes are Malaysian Curry Puffs, Steamed Pork Dumplings and Cooked Shrimp Sushi.

ENTICING AND still largely unknown in North America are Oriental salads, the subject of the chapter "Dressed to Fill." The dressings Brennan recounts are from all corners of the Orient, and range from Japanese Miso Dressing and Korean Thin Salad Dressing from Indonesia, and Indian Spiced Yogurt Dressings and a Malaysian specialty: Thick Coconut Salad Dressing.

Prepared salads include a Chinese Radish and Carrot Curi Salad, Sweet and Sour Fresh Cucumber Salad from Thailand, and Japanese Turnip Chrysanthemum and Carrot Salad.

"Full Steam Ahead" focuses on Oriental steaming techniques, and the dishes covered range from a Korean Stuffed Squid with Dipping Sauce to Whole, Steamed Fish with Spiced Ginger Sauce from China.

Other chapters, other specialties, some more familiar, some less so. Thus, "Stirring Fried" brings us Philippine Chicken and Pineapple Adobo and Szechuan Stir-Fried Cabbage with Hot Peppers, and "Fried to a Crisp," Japanese Vegetable and Shrimp Fritters (Tempura) and Philippine Deep-Fried Stuffed Crabs.

Curry is not simply Indian in origin, a fact which Brennan resoundingly proves in her chapter entitled "Curry-

ing Favor," which ranges through Indonesia, Thailand and Malaysia, as well.

Simmering is the subject of "Slow and Tender," which focuses on dishes as diverse as a Japanese Beef and Vegetable Fondue and the rich and savory Indian Whole Chicken with Spices, Moghul Style.

SATAYS (SKEWERED, marinated meats) from Indonesia, Malaysia and Thailand are the stars of the Charbroiling chapter, in company with the renowned Indian dish, Tandoori (Indian Oven-Barbecued Chicken).

Noodles are not simply pasta, Oriental style, and appear in a wide variety of guises, in broth (White Flour Noodles and chicken in Broth from Japan) and fried (Philippine Egg Noodles with Meat and Vegetables).

Preserves, Bread and Desserts round out the selection, providing the punctuation to the meals and dishes at the heart of Brennan's volume.

As an overview of Oriental cuisines, the book is successful. As an attempt to integrate the sometimes confusing, sometimes daunting preparations into the routine of the American kitchen, it is even more so, making Brennan's work an important contribution to the culinary bookshelf.

VIETNAMESE STIR-FRIED CHICKEN WITH VINEGAR
Preparation time: 25 minutes
Serves 4 to 6 (with 1 other dish)
Cooking time: 20 minutes
SHOPPING AND TECHNIQUE TIPS

You should use both dark and white chicken meat for this recipe. Boned thigh meat, as well as boned chicken breasts, is now available in many meat departments, although it is far cheaper to bone your own.

2. Place the grated ginger in a small bowl and pour the vinegar over.

3. Heat the oil in a wok over medium-high heat and stir-fry the garlic and onion until the onion is soft but not golden. Add the chicken mixture from the bowl, turn the heat to high, and fry, stirring and tossing continually, until the chicken turns white and becomes firm (about 5 minutes).

4. Now add the ginger-vinegar mixture and the water and cover. Reduce the heat to medium-low and let the chicken simmer for 5 minutes.

5. Uncover, season with the fish sauce and sugar and stir well. Let it simmer for 5 more minutes, stirring occasionally, then sprinkle with the mint leaves and stir one more time.

6. Transfer to a serving bowl and accompany with plain, boiled rice.

ADVANCE PREPARATION AND left transferred to a casserole, covered and left in a low oven. Do not stir in the mint leaves until 5 minutes before serving time if you are keeping it in the oven.

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pilot light
Greg Melikov

'New' restaurant, old recipe

Lunch in Litchfield, Conn., is a unique experience. While the youngsters went down the street for pizza and a dose of video games, we ate at The Village Restaurant, which faces The Green.

The Village Green is old and looks much the same as it did in the 1770s, when it was laid out. The Village Restaurant, 44 fairly new, it has been serving meals since 1890.

Like most of the buildings in the historic town, the restaurant is painted white. Inside, the place is packed: two dining rooms connected by a hallway in the back.

Marengo, somewhat of a historic dish that dates back to 1800. Napoleon scored one of his greatest victories that June 14 at the Italian village of Marengo over the Austrians that led to the cession of northern Italy to France.

You'll find the recipe for Veal Marengo mostly in French cookbooks. It basically consists of cubed veal, usually cut from the less expensive shoulder, white wine, onion, tomatoes and mushrooms, cooked in a sauce.

I prepared the dish at home and served it over rice, just like at the restaurant. I also used more wine and less tomato flavoring; you can re-

verse the proportions. If you happen to have dinner at The Village Restaurant, your meal will be cooked to order — just like at home.

VEAL MARENGO
1/4 cup cooking oil
2 lb. boneless veal, cubed
1 onion, finely chopped
1 garlic clove, finely chopped
1 cup dry white wine
1 cup beef broth
3 tbsp. tomato sauce
1 bay leaf
1 tsp. salt
1/4 tsp. dried thyme
1/4 tsp. dried rosemary

1/4 tsp. black pepper
1/4 lb. fresh mushrooms, sliced
1 tsp. lemon juice
3 tbsp. butter

Heat oil in large Dutch oven, add veal, saute and remove cubes as browned. Add onion and garlic, saute 5 minutes. Stir in wine, broth, tomato sauce, bay leaf and seasonings, return veal, bring just to boil, reduce heat to medium low, cover and cook 1 hour. Toss mushrooms with lemon juice, saute briefly in hot butter in skillet, add to veal mixture and cook 15 minutes; remove bay leaf. Serve with rice, garnish with parsley. Serves 5-6.

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Krakus Polish Ham **\$1.69** lb.
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Ball Park Franks **\$1.49** lb.
Cooked Corned Beef **\$2.99** lb.
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Bob Evans Pork Sausage **\$1.99** lb.
Buy a Sandwich at our Deli and get 1/4 litre Pop FREE

GRAND OPENING PRODUCE SALE
Onions 3 lb. bag **59¢**
Texas Watermelons 25 lb. **1.29**
Michigan Potatoes 10 lb. bag **89¢**
California Oranges 5 lb. bag **1.49**
Bananas 4 lbs. for **1**
Florida Grapefruit **3 for 1**
GRAND OPENING FROZEN GROCERY SALE
Banquet Fried Chicken 2 lbs. **\$2.99**
Ore Ida Golden Krinkle French Fries 2 lbs. **1.29**
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Carnival Ice Cream 1/2 Gallon **95¢**
GRAND OPENING GROCERY SALE
Oven Gold Bread **3 for 1**
Domino Sugar 5 lbs. **1.59**
9 Lives Cat Food **3 for 1**
Kellogg's Rice Krispies 10 oz. **1.27**
Kellogg's Corn Flakes 10 oz. **97¢**
Kool-Aid Drink Mix 30 oz. can **2.89**
Maxwell House Coffee 2 lb. can **5.29**
Campbell Chicken Noodle Soup **3 for 1**
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This goulash is an ideal make-ahead meal

Whether you are trying to determine the menu for the upcoming week or organizing a special "company" dinner, careful planning will help you make the most of a limited amount of time.

With today's busy schedules, it is often impossible to spend hours in elaborate meal preparation. Fortunately, creative, wholesome and attractive dishes are not prohibitively time-consuming.

By organizing your kitchen time effectively and coordinating related cooking projects, the food preparation process can be streamlined and the last-minute rush to decide what to make for dinner can be averted.

Although it may be unrealistic to plan to spend several uninterrupted hours in daily meal preparation, devoting some time to planning ahead and cooking during weekends (or whenever you choose during the week), will not only be beneficial in the days to come but will also allow you to have the pleasurable freedom of cooking under a less pressured schedule.

Not every part of every meal can be adapted to be of the ideal "make-ahead" variety. But, for each meal, there is generally something that can be prepared in advance, or a special touch that can be added with little extra fuss, provided it has been prepared previously.

BASIC SOUP stocks are easily fro-

zen and reheated when the occasion arises, and are perhaps the most classic of make-ahead foods. But, don't let your creativity get in the way.

The homemade roll baked weeks ago can be defrosted and warmed in the oven shortly before serving time. The salad will have an extra sparkle with your special homemade dressing (already prepared and waiting in the refrigerator). And a robust stew, its pungent flavors having had a chance to blend together, will be even better than if it had been served when it was originally assembled.

There may be occasions when you'll have more time in the morning or during the middle of the day for food preparation than you'll have immediately before the meal is to be served. Or, if you prefer to spend more time socializing with your guests and less time in the kitchen, entrees which can be made several hours ahead of serving time will be the answer.

The recipe below for Fish Fillets in Mustard Sauce is ideal for these occasions. The recipe and accompanying serving suggestions are reprinted from "Make-Ahead Meals," one volume of the "Cooking with Bon Appetit" series from The Knapp Press.

FISH FILLETS IN MUSTARD SAUCE
Six 6-to-7-oz. fish fillets
1 cup chicken broth

Salt and freshly ground pepper
2 tbsp. (1/4 stick) butter
1 tbsp. flour
1 tsp. dry mustard
1 cup whipping cream
4 to 6 tsp. Dijon mustard
Salt and freshly ground pepper

Preheat oven to 400 degrees. Pat fish dry with paper towels. Place in a single layer in two 9x13-inch baking dishes. Pour broth over and sprinkle with salt and pepper. Bake covered 10 to 15 minutes, or until fish loses its translucency. Transfer cooked fillets to platter.

Pour poaching liquid into small saucepan and bring to boil over high heat. Continue cooking until liquid has reduced to 1/4 cup.

Melt butter in medium skillet over medium heat. Add flour and dry mustard and cook, stirring constantly, 2 minutes. Remove from heat and add reduced liquid, stirring until smooth and well blended.

Combine cream with Dijon mustard and stir into sauce. Return to burner and stir until thickened. Add salt and pepper to taste. Return fillets to baking dish and cover with sauce. Dish may be covered and refrigerated up to this point. Remove from refrigerator and let stand 2 hours before reheating.

Just before serving, preheat oven to 400 degrees. Bake uncovered 6 to 8

minutes, or until sauce is bubbly and fish is heated through.
6 servings.

ADVISE THE editors of "Make-Ahead Meals." Set off this tangy offering with thick slices of tomato, marked with mayonnaise that has been mixed with some finely chopped onion and Parmesan cheese, then broiled until puffed and golden. Tender green peas and hot buttered rolls followed by fruit and cheese for dessert could round out the menu. Choose a vigorous dry white wine like a Pinot Blanc or Pouilly-Fuisse.

The goulash recipe below is a hearty and easy-to-prepare main course. According to the editors of "Make-Ahead Meals," "The Hungarian stew can be prepared ahead and reheated before serving. It goes well with boiled potatoes dusted with fresh dill, a salad of romaine with thin slices of sweet red onion and a loaf of warm black bread."

GOULASH WITH WINE-BRAISED SAUERKRAUT

8 servings
2 lbs. sauerkraut (fresh, canned or packaged)
2 tbsp. vegetable oil
2 onions, chopped
3 to 4 tbsp. Hungarian sweet paprika
2 garlic cloves, minced
1 cup dry white wine
3 1/2 lbs. boneless pork stew meat, cut into 1-inch cubes

1/4 cup caraway seed
1/4 cup tomato puree
2 cups chicken broth
1/2 cup whipping cream
1/2 cup sour cream
2 tsp. all purpose flour
Salt and freshly ground pepper
Minced fresh parsley (optional garnish)

Thoroughly rinse sauerkraut under cold running water and drain well. Transfer to large bowl. Cover with cold water and let stand 20 minutes, changing water once. Squeeze sauerkraut to remove as much water as possible and set aside.

Heat oil in Dutch oven or large flameproof casserole over medium heat. Add onion and paprika and cook, stirring occasionally, until onion is limp and pale gold, about 10 minutes.

Add garlic and cook 1 to 2 more minutes. Stir in 1/2 cup wine and bring mixture to boil. Add pork. Place sauerkraut over pork. Sprinkle caraway seed remaining wine in small bowl and whisk well. Stir tomato mixture and broth into pot. Bring mixture to boil. Reduce heat, cover and simmer, stirring occasionally and adding more liquid if necessary, 1 1/2 to 2 hours.

Remove pork and sauerkraut from pot and keep warm. Combine cream, sour cream and flour in small bowl, blending well. Whisk cream mixture into sauce and cook over low heat, stirring constantly, 10 minutes. Return pork and sauerkraut to pot, blending well. Season with salt and pepper to taste. Ladle goulash into shallow bowls or rimmed plates. Sprinkle with parsley if desired and serve.

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Suburban Life

Ellie Graham editor/459-2700



the view
Ellie Graham

PUBLIC RADIO (WDET-FM) gave enthusiastic reviews Thursday morning to Martha Graham's newest work.

"Song of Songs" opened Wednesday night in the Lincoln Center in New York with Peter Sparling, formerly of Plymouth, as the lead male dancer. The production, based on the songs of Solomon in the Old Testament, is booked through April 27 in the Lincoln Center.

Peter spent the fall term at the University of Michigan as an associate professor in the School of Music Dance Department. His contract with U-M calls for three more fall terms with the dance department and he is looking forward to them.

Peter choreographed and danced in an exciting student show presented in the Power Center. He was impressed with all the resources at their disposal. The cello soloist on the U-M staff played music composed by a member of the U-M faculty. The School of Architecture assisted in building the sets and engineering the elevation of the cellist to a point 20 feet above deep left stage. Costume design and construction were handled by students.

His dancing and choreography skills have taken Peter around the world. He works with a Sydney, Australia dance company for six to eight-week stretches. He does lecture demonstrations for the London Contemporary Dance Company in England and a dance company in Sweden.

A NOTE FROM Sue Brennan, who heads the Open Door program at Fort Street Presbyterian Church in Detroit. She referred to a story in our March 21 issue about the Friday morning dinners served at the old church. "We surely do appreciate the efforts of all our volunteers. Many, many fine people are responsible for the effectiveness of our program. Among the churches in your own area, the Geneva Presbyterian Church in Canton Township gives consistent, generous support to us. Please include them among our benefactors."

Sue can be excused for omitting the names of some of her volunteers. When I talked to her, she was confined to her bed with the flu and I appreciated her giving me even a few minutes of her (miserable) time.

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Fancy that There are 'nice' restrooms

Several weeks ago, the *Observer-News* printed a two-part series on women's restrooms. The series pointed out that a national survey revealed that women using restrooms routinely face long lines, congestion, dirty conditions and lack of sanitary and convenience features to meet their needs. The series continues with an upbeat view of the situation.

By Penny Wright
special writer

WE SEE AN abundance of overcrowded and offensive women's public restrooms. What about nice restroom facilities? To what standards should public powder rooms aspire?

Plymouth resident Doris Hoover answers: "I care about cleanliness. I get a bad impression of a place, especially food establishments, that aren't maintained or clean."

"The ideal powder room?" Nancy Huesner of Custom Gallery and Lighting Studios in Southfield, responds, "CLEAN, workable faucets . . . a warm, nice look."

Co-worker Robin Kromm replies, "My ideal is a separate makeup room with velvet-covered chairs, mirrors and a nice vanity."

SIRILEY MADDALENA of Birmingham: "Ideally, it should have two separate rooms. The lavatory and toilet room would be in soft, delicate colors . . . pristine, elegant and clean."

Maddalena, owner of an interior design agency catering to business, admits it is hard to get building owners thinking about providing more attractive and better maintained restroom facilities.

The Bloomfield Mountain Jack restaurant is notable. The restaurant offers female dining guests a spacious, well-equipped restroom with an attrac-

tive female grooming area highlighted by marble-topped counters and brass sea-motif wall fountains.

MOUNTAIN JACK manager Tony Agosta says the investment in such posh facilities is smart business and gives them a competitive edge over other restaurants.

"People these days have a wider selection of good dining places," Agosta said. "Nicesities are important now, they count."

Agosta believes a dirty and unattractive restroom will project a bad image for the restaurant. "It (the restroom) is as important as good service."

Guests often take an interest in maintaining the toilet facilities and politely point out when supplies are depleted, he said.

A SIMILAR PHILOSOPHY rules at the Quo Vadis theater in Westland. The theater complex was built 20 years ago with the intention of being a showcase. According to the theater management, that goal is still the intent. The plush restroom facilities are part of the effort.

Influenced by the elegance of the old Detroit theaters, the main floor women's room is tastefully decorated with pastel pink walls and matching pink fixtures, sinks, counters, mirrors and lounge chair seating. The restroom is geared to accommodate a large volume of users.

A SMALLER facility on the second floor of the theater provides separate walk-in compartments, each with a toilet, sink, mirror and counter shelf.

"The Quo Vadis was the last of the big fancy theaters," manager Mike Butler said. "When the Quo Vadis was built, they went way over in the extras. Most businesses won't spend the money unless they have to."

Although Butler can't put a number or dollar figure on the payback of keeping up such restrooms, "We're satisfied with the investment."

Takahashi-Tschirhart

Mark Joseph Tschirhart and Masako Takahashi announce their engagement. The bride-elect is the daughter of Mr. and Mrs. Shigeru Takahashi of Tokyo, Japan. She is a graduate of the University of Tokyo and earned her master's degree in international banking at Rockford College, Rockford, Ill. She is employed by Mitsubishi Bank in Chicago. Her fiancé is the son of Mr. and Mrs. James P. Tschirhart of Plymouth. He is a graduate of the University of Michigan and is employed as a technical writer for Spartans Ltd. in Rolling Meadows, Ill. They plan to be married in April in Our Lady of Good Counsel Catholic Church, Plymouth.



Brennan-Etienne

Mr. and Mrs. John W. Brennan of Barchester, Canton Township, announce the engagement of their daughter, Christine Marie, to Gregory Etienne, son of Mr. and Mrs. L. Clinton Etienne, Portsmouth Crossing, Plymouth. Both the bride-elect and her fiancé will graduate in May from Central Michigan University. They are 1981 graduates of Plymouth Salem High School. They plan an August wedding in St. John Neumann Catholic Church, Canton.



Hodgson-Rosochacki

Kathy Hodgson of Roycroft, Livonia, and Jim Rosochacki of Oakview, Plymouth, plan a September wedding at St. Colette's Church. She is the daughter of Joel and Anne Hodgson of Roycroft. He is the son of Cas Rosochacki of Westwood Circle, Westland, and Penny Scheiber of Parkent, Westland. The bride-to-be is a graduate from Livonia Stevenson High School. She is attending Schoolcraft College and is employed by Blue Line Distributing in Farmington Hills. Her fiancé is a graduate of Westland John Glenn High School. He is attending Schoolcraft and is a mechanic at Northwest Tuneup.

Host families needed for exchange students

Youth for Understanding (YFU), one of the largest non-profit international high school student exchange programs, is looking for host families. American families are needed to host international students from 26 countries. The students participate in six-month or full-year programs while learning firsthand what American family life is all about. Volunteer host families provide room and board to their student, offering the same guidance and love they give their own children. Clothing, spending money, insurance and other personal expenses are provided by the student's natural family and by program fees. While the student attends school, host families are eligible for a \$50 monthly tax deduction. International students are required to have conversational ability in English. They are expected to participate as a family member, not a guest. For more information on becoming a host family, call Henriette McDonald, 981-2680, or call YFU toll-free, 1-800-872-0200.

clubs in action

Continued from Page 6

PARENTS WITHOUT PARTNERS

Plymouth-Canton PWP will meet at 8:30 p.m. Friday, April 12, in the UAW Hall Local 900, Michigan Ave. west of Newburgh Road. The non-profit organization is devoted to the welfare of single parents and their children. Admission is \$3 at the door with dancing until 1 a.m. Reservations unnecessary. All single, separated and divorced parents are welcome.

PINK ROSE BRUNCH

Social brunch for women commemorating their mothers, living or dead, will be at 11 a.m. Sunday, April 14 in the Governor Bradford Room of the Mayflower Meeting House. Club's goal is to raise money to help defray medical expenses for a mother. First fund-raiser will be a garage sale the last weekend in April. For information, call Bernice Lawrence, 453-5842. All women 18 and older are invited to attend.

ST. KENNETH GUILD

St. Kenneth Catholic Church Women's Guild will meet in the Church Center, 14951 Haggerty Road, noon Tues-

day, April 9. Shirley Peters, fashion coordinator will be guest speaker.

RUMMAGE SALE

Our Lady of Good Counsel Church, Plymouth, will hold a rummage sale from 9 a.m. to 5 p.m. Wednesday, April 10, in the school gymnasium. Bring usable items to the gym April 8 and 9 from 9 a.m. to 5 p.m. For information, call 455-3936.

EXPECTANT PARENTS

Expectant adoptive parent classes will be offered, beginning 7 p.m. Friday, April 12 in Botsford Hospital for families waiting to adopt an infant up to 2 years of age. For information, call 459-7383.

SCOUT COOKIES

Girl Scout cookies will be sold by Troop 346 of Canton from 8 a.m. to 1 p.m. Sunday, April 14, at the pancake breakfast of the Ladies Auxiliary to the Mayflower-Lt. Gamble Post 6695 of the Veterans of Foreign Wars, 1426 S. Mill.

WOMEN IN JAPAN

Schoolcraft College will offer area residents a chance to learn more about the status of women in Japan. Tokyo resident Hiroko Hashimoto will share her version of Japanese counterparts of American women 7-10 p.m. Thursday, April 18, in the Plymouth Hilton Hotel Ballroom. The \$5 admissions will

NEWCOMERS CLUB

The Plymouth Newcomers Club's spring fashion show and luncheon will be at 11 a.m. Thursday, April 18, in the Mayflower Meeting House. Tickets are \$12.50 and are expected to sell quickly. Proceeds will go toward the support of the Dunnington High Library. For reservations, call 455-0588.

SYMPHONY LEAGUE

The Plymouth Symphony League Nightingales will present "An Evening with Jeffrey Bruce" 7:30 p.m. Thursday, April 18, in the Plymouth Hilton Hotel Ballroom. The \$5 admissions will

go toward the support of the Plymouth Symphony Orchestra. Tickets are available at the Little Professor Bookstore or by calling 455-0075.

LAKE POINTE GARDEN CLUB

The Lake Pointe Branch of the Woman's National Farm and Garden Association will see a demonstration of the arrangement of fresh and silk flowers at French's Flowers, Livonia, at 7:30 p.m. Thursday, April 18.

CANTON COMMUNITY FOOD CO-OP

Food co-op meets at 7 p.m. Monday before the second Saturday of each month in Faith Community Church, 46001 Warren. Food divided the second Saturday. New members are welcome. For information, call Alan or Judy Kearney, 728-0440, or Jeff or Jan Weickel, 453-8363.

TAKE OFF POUNDS

TOPS Chapter 1236 meets every Thursday evening in Faith Community Church, 46001 Warren Rd., Canton. Weight-in starts at 6:30 p.m., with a meeting following, 7-8 p.m. For information, call 981-0446.

CIVIL AIR PATROL

U.S. Air Force Auxiliary Squadron 15-1 invites interested people to attend its weekly meetings, 6:30-10 p.m. Thursdays on the 4th floor of the main building, Willow Run Airport. Any U.S. citizen 15 years of age and older may become a volunteer. For information, call Robert Elzen, commander, 326-9673.

WANTED: PARENT & CHILD

The "Y" Indian Program is a wonderful way to spend constructive time with your child. Tribes of three to eight parents and their children meet on a rotating basis to do crafts, games and songs. Tribal outings and group Federation outings are held for campouts, tours, skating, etc. Indian Program membership includes a Plymouth "Y" Family membership. Call the "Y" today for more information, 453-2904.

PLYMOUTH OPTIMISTS
Club meets at 7 p.m. the first and third Mondays of each month in the Miles Standish Room of the Mayflower Hotel. Plymouth and Canton residents may call 453-5547 for membership information.

TAX AID FOR SENIORS

The Plymouth-Northville chapter of the American Association for Retired Persons offers free income tax counseling for senior citizens at these locations: Salvation Army, 9451 S. Main, Plymouth, 10 a.m. to 4 p.m. Mondays until April 15; Tonguich Creek Manor, 1160 Sheridan, Plymouth, 10 a.m. to 4 p.m. Tuesdays, through April 9; Plymouth Cultural Center, 525 Farmer, Plymouth, 10 a.m. to 3:30 p.m. Wednesdays, through April 9; Dunnington High Library, 223 S. Main, Plymouth, 10 a.m. to 4 p.m. Thursdays through April 11; Canton Recreation Center, 44337 Michigan Avenue, Canton Township, noon to 4 p.m. Tuesdays, through April 9; 9 a.m. to noon, Wednesdays, through April 9; 9 a.m. to noon, Thursdays, through April 10; Royal Holiday Park, 39500 Warren Road, Canton, 1-4 p.m. Wednesdays, through April 10. Call Louise Spigarello, 397-1000, Ext. 278, for an appointment for the Canton locations.

BEGINNING STRING CLASS

Class taught by Janita Hawk meets 6:30-7:30 p.m. Tuesdays in Plymouth Salem High School Orchestra Room, Joy Road west of Canton Center. Classes are sponsored by Plymouth Youth Symphony.

ROMP MEETINGS

Recovery of Male Potency meetings are at 7:30 p.m. the third Thursday of each month in Conference Room 2, Annapolis Hospital. Confidentiality assured. To register, call 467-4570.

CANTON COAST GUARD AUXILIARY FLOTTILLA

FloTTilla 11-1 invites new members to attend its meetings at 7:30 p.m. the third Tuesday of each month at the Canton Fire Department Station, Cherry Hill at Canton Center. Anyone wishing information about the organization may call Eugene Olson, commander, 455-6527.

CAVALIER FENCING CLUB

Club meets at 7:30 p.m. Thursdays. Call Bruce Davis, 455-6418, for details.

PANCAKE BREAKFASTS

The Mayflower-Lt. Gamble Ladies Auxiliary Veterans of Foreign Wars will serve pancake breakfasts the first Sunday of each month at the Post home, 1426 S. Mill, Plymouth. Menu includes

Community Hospital Authority Annex, 4420 Venoy, Wayne. For more information, call Dave Brunette, 595-1940.

XI DELTA ETA

Xi Delta Eta Chapter of Beta Sigma Psi Sorority meets the first Wednesday of the month. Objectives of the international service, social and cultural sorority are fellowship and friendship. Anyone interested in more information may call 464-9536.

CHORUS COOKBOOK

Plymouth Community Chorus new cookbook, "All Our Best," is available at Plymouth Book Store and from chorus members. Price is \$7.95.

CANTON BPW

Canton Business and Professional Women meet the second Monday of each month at the Roman Forum Restaurant on Ford Road, cocktails at 6 p.m., dinner at 6:30, and program at 7:30. Dinner charge is \$7.50 per person. Call Susan Pack, 455-0873, for information.

ST. JOHN NEUMANN SENIORS

St. John Neumann Modern Mature Adult Club (MMAC) meets at the church, Warren west of Sheldon, Canton Township, at 7 p.m. the first Thursdays of the month. New members are welcome. For information, call Betty Gruchala, 459-4091.

MOVING AHEAD WISER

Newly widowed people meet Thursdays at Newman House, 17300 Haggerty, Livonia. Group is sponsored by the Women's Resource Center at Schoolcraft College. For information, call 591-6400, Ext. 430.

CREDITEERS

Creditors-older persons' club sponsored by the Community Federal Credit Union, meets Tuesdays at the Elks Lodge, 41700 E. Ann Arbor Road. Lunch is at 11 a.m. with cards and games. Activities include picnics, dinners, parties and trips. Membership is \$2 a year and is open to people 55 and older who are members of the credit union. For more information, call Kay Dreyer, 453-1200.

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new voices

Darryl and Sharon Sciba of Princeton Drive, Plymouth announce the birth of their first child, a son, Joshua James Sciba, Feb. 6 in Oakwood Hospital, Dearborn.

Grandparents are Virginia Kersulis of Dearborn Heights and James and Carol Sciba of Plymouth.

PEACE RESOURCE CENTER

"The Apartheid Bomb" will be the topic at 7:30 p.m. Monday, April 15, by Dr. Len Suranaki, professor in Peace and Conflict Studies at the University of Michigan. The South African native will discuss how that nation's racist policies are related to the arms race. To be held in the Peace Resource Center, 17300 Haggerty Road, north of Six

COMPUTER CLUB

West Metro 99ers User group will meet at 7:30 p.m. Monday, April 15, at Geneva Presbyterian Church, 5835 Sheldon Road, Canton Township. Group is open to all persons (including youths) who are interested in the Texas Instruments TI-99/4A home computer and its usage. Monthly meetings feature speakers, demonstrations and workshops. Monthly newsletter and software library are available to all paid members. For more information call 459-2228.

COUNCIL ON AGING

The Plymouth Community Council on Aging Inc. will meet 2-4 p.m. Tuesday, April 9, in the Plymouth Cultural Center, 525 Farmer Street. A home economist from Michigan State University Extension Service will talk about food preservation and storage. All senior citizens from the city of Plymouth and Plymouth Township are welcome. For information, call 455-2692 or the council office, 455-4909.

LA LECHE LEAGUE

Women who breastfeed their babies will find support and information at the Plymouth-Canton La Leche League meetings. Next meeting is 7:30 p.m. Thursday, April 11, 9001 Hackberry, Plymouth. For information, call Joanne, 453-9171, or Karen, 459-1322. Nursing babies welcome.

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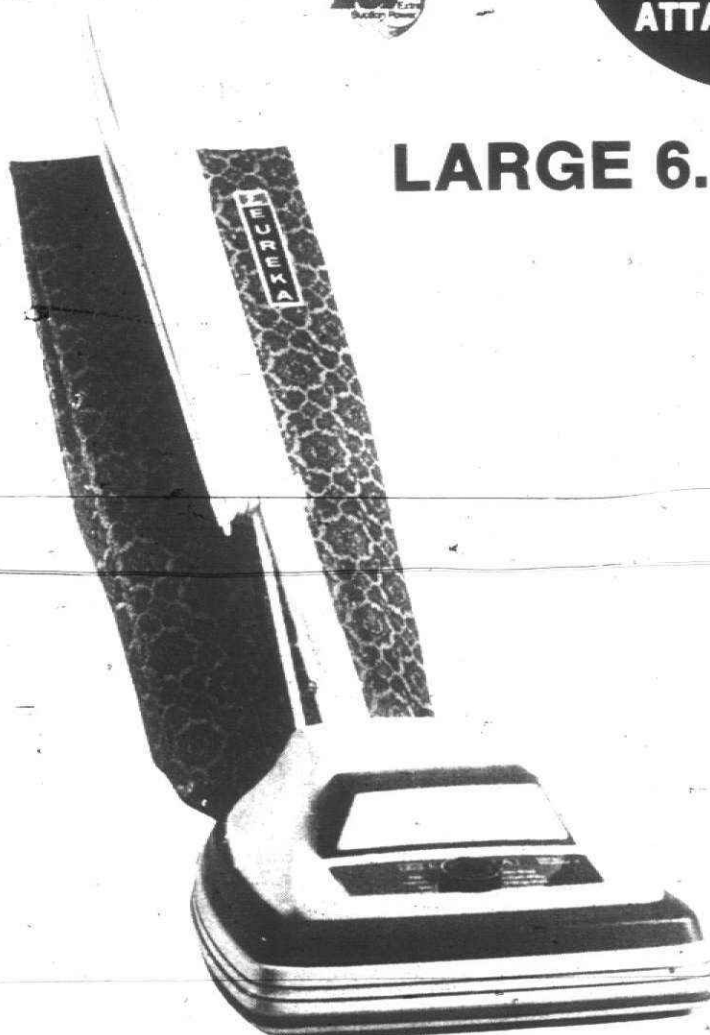
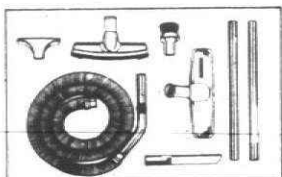


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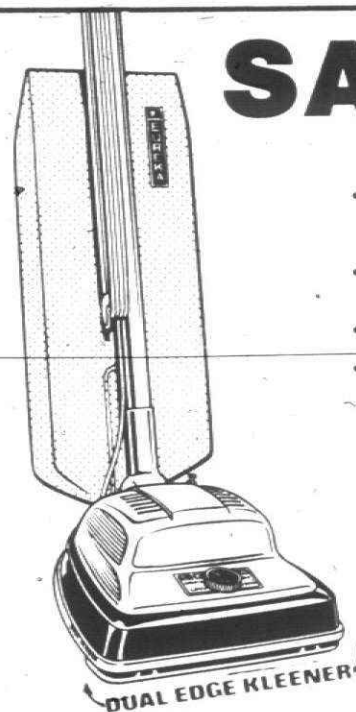
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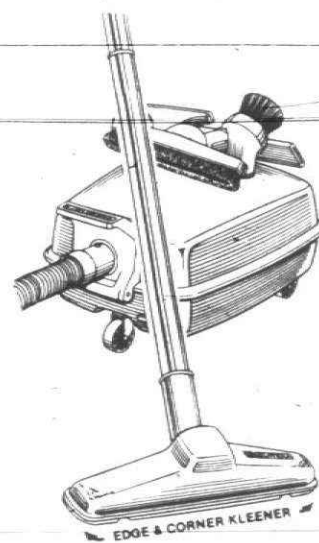
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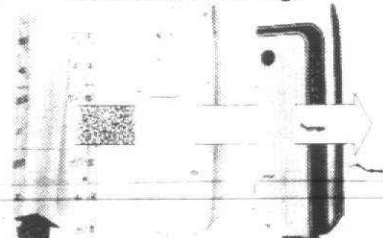
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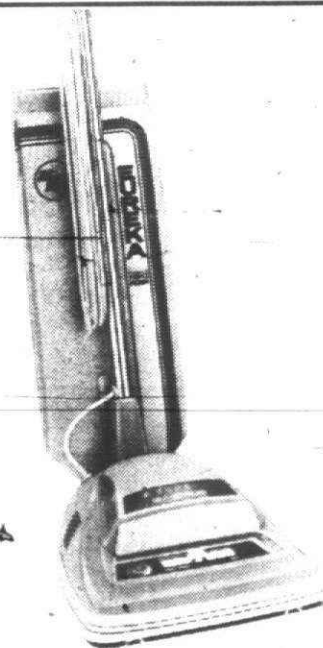
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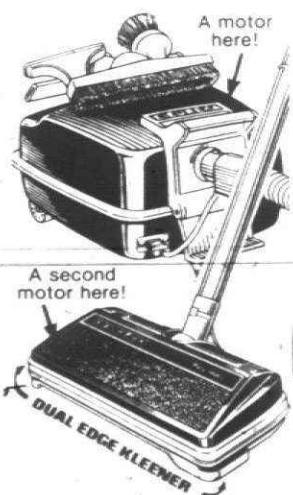
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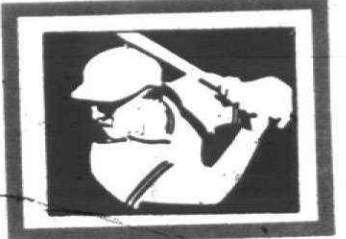


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Sports

Brad Emons, Chris McCosky editors/591-2312



(P.C.)1C

Monday, April 8, 1985 O&E



photos by BILL BRESLER/staff photographer

Chances are you won't see Salem's Tim Robinson bunting too much this season. The senior will be counted on to provide some long ball for the Rocks.

Diamond in rough?

Rock 9 could be surprise of '85

By Chris McCosky
staff writer

When Western Lakes baseball managers discuss pre-season league favorites, the names Walled Lake Western, Plymouth Canton, Livonia Churchill and Livonia Stevenson are tossed around.

Plymouth Salem is never mentioned.

There are reasons for that. The Rocks struggled both internally and on the field last year despite a somewhat respectable 14-9 record. Key players off that team, Mike Cindrich, Scott Anderson and Rick Berberet, have moved on. The returning group, admits second-year coach John Gravin, had non-productive seasons a year ago.

But, and it is a significant but, Gravin has a hunch his group will fool the experts this season.

"We're a real secret throughout the league this year," Gravin said. "Nobody considers us to be any good. We could be very surprising to some people."

FOR ONE thing, the Rocks have a wealth of experience. Twelve seniors are on the roster, most of whom will either start or contribute significantly.

"Of course, as a group these kids all had terrible years last year," Gravin said. "But, they are good ballplayers. I'm as optimistic as I could possibly be."

Also, the Salem junior varsity team posted a 12-1 league record a year ago and seven players off that team are expected to contribute at the varsity level this year.

Nothing is set in Gravin's lineup. In fact, the Rock camp has been most interesting with serious duels going on at nearly every position.

In the infield, veterans Tom Moore (an outfielder last year) and Chris Belhart are battling it out for the second base job. Seniors Steve Sobditch and Doug Kirkpatrick are gunning for

the shortstop position. Dom DeBello and Darrel Brees will share third base, both with also pitch. At first base, Tim Robinson and Curt White are battling. Mike Kesson could fill in at several spots.

Pat Walsh, who hit .400 last year, will be in the lineup somewhere, either as a designated hitter, catcher or first baseman.

Outfield spots are wide open. Jim Lynch will most likely hold fort in center field. Jason Scott (perhaps the best fielding outfielder on the squad) and Brian Tiller are also looking for spots.

Please turn to Page 2



Dan Knapp, a crafty left-hander, should see plenty of work on the mound for Salem this season.

Compuware hockey empire still supreme

By Brad Emons
staff writer

The Birmingham-based Compuware Midgets team has a proud hockey tradition.

They've produced such standouts as Pat LaFontaine (New York Islanders), Alfie Turcotte (Montreal Canadiens), Kevin Hatcher (Washington Capitals) and Livonia's Al Iafrate (Toronto Maple Leafs).

Playing on their home ice last week in Oak Park, Compuware continued the tradition by capturing the Midget (15-16 year-olds) Nationals championship with a 7-1 victory over Little Caesars.

The eight-team tournament, sponsored by the Amateur Hockey Association of the United States (AHAUS), was the culmination of another successful season for Compuware.

Compuware opened tourney play with a 5-4 win over Caesars, a rival member of the Michigan National Hockey League. It followed with victories over Amherst, N.Y. (10-2), the Seattle, Wash. Chiefs (16-3) and the Chicago, Ill. Young Americans (9-2) before meeting Caesars again.

AFTER FINISHING the year with a glittering 78-6-2 record, comparisons are now being made with the 1981 national championship Compuware squad, which featured LaFontaine and Iafrate.

"I think the two teams are pretty close," said Compuware coach Real Turcotte. "What really impresses me about this team is their tremendous individual skills. It's probably the best we've ever had."

"And the thing about this team is that they clicked at the right time," Turcotte said that 11 or 12 of Compuware's players are rated highly by scouts in Canada's Major Junior A leagues in Ontario and Quebec.

Several players from the Observer & Eccentric coverage area figured prominently in the team's success.

Here is a brief look at Compuware's seven area players:

• **CHRIS EISENHART**, Garden City: The 5-foot-11 1/2, 165-pound goalie, who attends Garden City High, is rated the No. 1 prospect in Major Junior A.

"He is a stand-up goalie and those are hard to find," Turcotte said. "Most goalies have the habit of going down, but Chris doesn't panic. He has tremendous reflexes."

• **BILL PYE**, Canton: The 5-7, 140-pound goalie, who attends Plymouth Canton, will return next season.

The 15-year-old alternated with Eisenhart and was voted the best goalie at the Silver Stick Tournament earlier this season at Sarnia, Ont.

• **ADAM BURT**, Westland: The 6-3, 185-pound defenseman, who attends

Catholic Central, is built along the same lines as Iafrate.

"We have a chance to keep him next year, but the Junior A teams want him because of his size," said the Compuware coach. "Adam is a good skater, a good shot and handles the puck extremely well."

• **PETE PODRASKY**, Canton: The 5-9, 160-pound Podrasky, who also attends Catholic Central, is the team's most agile defenseman, according to Turcotte.

"He plays extremely well," said the coach. "He's not a big kid, but he has the smarts."

Podrasky was also selected to play for Team Michigan in the Junior Olympic High School All-Star series, held over the weekend in Danvers, Mass.

• **NICK KARMANOS**, West Bloomfield: The 5-10, 165-pound left winger, who attends West Bloomfield High, is the son of Pete Karmanos, the man who built the vast Compuware youth hockey empire.

"He can play pro if he wants to," Turcotte said. "There's a possibility he could play for the Windsor (Junior A) Spitfires (also owned by Compuware) if they draft him, but I don't know where he'll be playing."

"He's by far the fastest skater on the midget level."

• **CHRIS TANCILL**, Livonia: The 5-

10, 170-pound team captain, who attends Stevenson High School, was asked to play defense this season.

"Wing is his real position," Turcotte said. "He's just a good athlete. He could play anything he wants — even goalie."

"He's an excellent skater and stick handler. He's very strong and is an excellent leader. He's highly rated."

• **ALEX ROBERTS**, Bloomfield Hills: The 6-1, 180-pound defenseman, who attends Lahser High School, is the team's policeman.

"He's our bouncer, but a good player," said the Compuware coach. "He's the kid everybody fears. He cleans house — very tough."

"He'll play junior hockey, because he's tough."

THE WINNING TRADITION attracts the metro area's top players to Compuware, but there are other factors involved, too.

"They want to play for us because they can get the best exposure," Turcotte said. "And we have good practice ice. That's very appealing."

"We can go and practice in the late afternoon. We don't get shuffled around at different rinks. We don't have to practice at 6 in the morning."

Coaching is also a factor. Turcotte is rated highly as a teacher. He appears at numerous camps and clinics during the summer.

Dawson, Podrasky make select squad

The talent on the Compuware hockey team didn't go unnoticed by officials of Team Michigan, a select team of high school players that competed in the Junior Olympic High School All-Star Tournament this past weekend in Danvers, Mass.

Five Compuware players were selected to Team Michigan: Pete Podrasky from Canton, Mike Wolak from Utica, Rob Brown, Steve Beadle and Kip Miller from Lansing.

Livonia Stevenson product Chris Tancill was also selected off the Compuware team but declined the invitation. Tancill will be in France during Easter break with his French class.

Another Observerland talent selected to Team Michigan was Plymouth Salem junior Steve Dawson. Dawson, a much sought-after defenseman, played Midget AAA hockey for the St. Clair Shores Falcons. This season he scored 20 goals and had 89 assists in 70 games.

Dawson has received 11 letters of inquiry from major college hockey programs.

ONLY 22 players were selected for Team Michigan. The team was coached by Terry Christensen, Michigan State University assistant.

Team Michigan competed in a round-robin tournament with teams from New England, Massachusetts and Minnesota. The tournament, known throughout the Boston area as Hockey Night in Boston, attracted more than 150 scouts from all levels of hockey.

The purpose of the tournament is to help the United States Olympic Hockey Committee select its 1988 Olympic team.

Team Michigan opened the tourney Thursday night with a 6-3 loss to New England. Michigan was scheduled to face Massachusetts Friday night and Minnesota Saturday.

— Chris McCosky

Sports agent finds success in being in right place at right time

By Jim Hughes
staff writer

Harold Curry is living testimony to the "being in the right place at the right time" adage. The right place is Rochester, and he's having the time of his life.

Curry, 36, is a 12-year resident of Rochester. He moved to the northern suburbs after earning his law degree from Wayne State University, and now, he's making his living as an agent for professional football players.

"After I got out of law school, I moved to an apartment complex right around the time the Detroit Lions moved from Detroit to Pontiac," Curry recalled. "It seemed half of the players from the team were living in the same complex."

"I ran into Charlie West on the tennis courts or while I was out jogging, and we developed a friendship. We had been friends about a year and a half, and Charlie asked me if I'd represent him. Ever since then, it's had a mushroom effect."

WEST, A LION defensive back from 1974 to '77, was Curry's first client. He now represents Lions Leonard Thompson, Dexter Bussey, Homer Elias, Bobby Watkins, Alvin Hall and Rosey Barnes. Other clients include former Penn State running back Booker Moore, now with the Buffalo Bills, and ex-Michigan Wolverines Marion Body, Brian Carpenter and Evan Cooper.

Rick Rogers, a senior at U-M, and Aaron Roberts, a Michigan State University senior and Detroit Catholic Central

graduate, also are Curry's clients, and will be eligible for the upcoming NFL draft.

"What happens is, once you get a player from a certain team, you get a lot of referrals," Curry said. "This wasn't something I had planned. At first, I was reluctant to get involved because I didn't want to exploit my friendship for professional reasons, but Charlie asked me."

"Perhaps this was my niche."

Curry, whose Harold Curry Sports Agency Inc. office is next to Meadowbrook Courts in Rochester, is a corporate member of the athletic club. It's not rare for his football clients to drop in and use some of the facilities — either for aerobic workouts or weight-lifting.

"It's really convenient, because if one of my clients drops in to see me and I'm not here, they can go over and work out," he said. "It's been a good investment. It keeps me in shape, anyway."

Curry, who also represented former Lions Larry Walton, Ray Jarvis, Ernie Price, Vince Thompson and Horace King, says an enjoyment from his role comes as he sees players grow.

"I REALLY enjoy this. There's some problems, though. A lot of the time, guys out of college are not all mature about matters pertaining to business decisions."

If someone gets \$200,000, it's more like \$125,000, and they ask, "What happened to the money?" You have to explain to them you have to pay taxes in this country.

"As time progresses, they grow and

develop. It's nice to see someone like Leonard Thompson, who made \$19,000 when he started, and now, he's making, well, let's say he's making a considerable amount more."

Curry said he hasn't had any "single act of drama" as when Billy Sims' agent, Jerry Argovitz, was trying to renegotiate Sims' contract in 1982. He approaches contract negotiations like football coaches approach Sunday — with a game plan.

"I've never been involved in any single act of drama," he said. "You start with a plan and you put it into motion. It's important to understand that it has to run its natural course. You have to identify your goals from the beginning, and do things in relationship to those goals and objectives."

"The toughest thing is keeping the players informed. You have to keep them patient because things aren't going to happen overnight. You have to know the value of the player and what the market is. I would not hold someone out of camp if they're not there, it's hard to establish a market value."

"For someone who has a position locked up, that's a different story because you know their value to the team."

Although Curry deals with familiar faces all the time, the other end of the dealings are somewhat unfamiliar.

"In the course of the day, I'm talking to general managers from different teams about different players from different cities," he said. "I think I know more voices than I do faces."

Nagy paces Chief victory

A powerful showing in field events helped the Plymouth Canton girls track team to a 68-60 victory over Livonia Franklin Wednesday. It was the non-league season opener for both teams.

Carolyn Nagy was the top point-getter for Canton. She won both the high jump (4-10) and the discus (88-0). Also, she anchored the first-place mile-relay team, combining with Marie Jarosz, Angie Miller and Karen Boluch on a 4:35.3.

girls track

Nagy combined with Tricia Carney, Lori Schauder and anchor Kim Bennett to win the 880-yard relay (1:55.7). Canton swept the field events as Hollie Ivey won the shot put (31-5 1/4) and Carney took the long jump (14-

4 1/4). "IT WAS about what I expected," said Franklin coach Steve Dolloway. "We were good in the running events and got killed in the field. Canton is a

good team, they gave us a real good test."

Bennett, besides anchoring the 880 relay, teamed with Carney, Sherry Fl-gurski and Terri Pniwski to win the 440 relay in 56.6. The senior sprinter also won the 220 dash in 28.8.

Jarosz was the only other individual winner for Canton. She ran a 6:05.1 mile.

Lisa Dominato won both hurdle events for Franklin. She ran a 17.1 in the 110 hurdles and a 53.0 in 330 lows.

Borgess boys better Churchill

Redford Bishop Borgess showed once again that it will be to be reckoned with as the Spartans opened the boys track season Wednesday with a 76 1/2-60 1/4 victory over host Livonia Churchill.

The defending Observerland Relays champions won the early-season showdown without its top sprinter, 1984 area Trackman of the Year Fred Owens.

"Fred did not run because he's had a problem with his thigh," Borgess coach Gene Grewe said. "He's not ready to come back yet. He had been off a week."

The Spartans received some sterling efforts, but none better than Jim Rzep-

ka's victory in the shot put over Churchill standout Dave Mize. Rzepka threw the shot 51 feet, 3 inches to Mize's throw of 49-7. Mize, however, won the discus with a toss of 154-2.

Marlon Montgomery helped in Owens' absence, winning the 300-meter hurdles (39.4) and 100 dash (11.3). He also anchored Borgess to a 1st-place finish in the 400 relay, teaming up with Steve Staron, Corey Ivey and Marion Pittman for a time of 45.7.

Another double winner for Borgess was Marlon Carter, who took the long jump (20-5 1/4) and the 400 dash (53.5). Pittman, meanwhile, captured the 200 dash (24.2), and teammate DeV Vaughn

Elledge took the 800 (2:07.6). Brian Kelly, Mark Pittman, Derrick Green and Ivan Cotman combined to win the 1,600 relay for Borgess in 3:37.1.

Doug Plachta had a pair of firsts for Churchill, winning the 1,600 and 3,200 events with times of 4:41.2 and 10:38.7, respectively.

Other Churchill individual winners included Mike Meehan, high jump, 6-3; and Gordon Babcock, 110 hurdles, 15.9.

The Chargers also won the 800 and 3,200 relays. "I'm very pleased," Grewe said. "That's why we like to run Churchill. It gives us a good indication of what we have. It's very competitive."

WESTLAND JOHN GLENN also opened with a victory, downing Ypsilanti last week, 78-54.

Sean Bono was the star, sweeping the 100-, 220- and 440-yard dashes with times of 10.56, 24.6 and 55.2, respectively.

Teammate Jay Hunt won the mile- (4:55.8) and 2-mile (10:29.8). The Rockers' Kyle Szukatis took the 880 in 2:09.3 and teamed with Dan Liedel, Jim Lakos and Hunt to win the 2-mile relay in 9:01.0.

Glenn's Ron Bushaw and Chip Hall tied for 1st in the pole vault (by forfeit), and Bill Grissmer won the long jump (17-1 1/4).

the week ahead

BASEBALL	GIRLS TRACK
Tuesday, April 9	Wednesday, April 10
Garden City at Taylor Center, 1 p.m. (2)	Bish. Borgess vs. Redford St. Mary's at Redford's Capitol Park, noon (2)
Wednesday, April 10	Thursday, April 11
Catholic Cent. at A.P. Cabini, noon (2)	Wayne Memorial at Garden City, 1 p.m.
Wayne Memorial at Pky. Canton, noon	Wayne Memorial at Pky. Salem, noon
Red. Thurston at Pky. Salem, 3 p.m.	Wayne Memorial at Pky. Canton, 3 p.m.
Red. Thurston at Pky. Canton, 3 p.m.	Wayne Memorial at Pky. Canton, 3 p.m.
Thursday, April 11	Friday, April 12
Garden City at Taylor Center, 1 p.m. (2)	Red. Thurston at Liv. Bentley, noon (2)
Redford Union at Lincoln Park, 4 p.m.	Wayne Memorial at Garden City, 1 p.m.
Bish. Borgess vs. St. Agatha at Redford's Capitol Park, 11 a.m. (2)	Wayne Memorial at Garden City, 1 p.m.
Friday, April 12	Saturday, April 13
Red. Thurston at Liv. Bentley, noon (2)	Wayne Memorial at Garden City, 1 p.m.
Wayne Memorial at Garden City, 1 p.m. (2)	Wayne Memorial at Garden City, 1 p.m.
Bish. Borgess vs. St. Agatha at Redford's Capitol Park, 11 a.m. (2)	Wayne Memorial at Garden City, 1 p.m.
Saturday, April 13	Sunday, April 14
Garden City at Taylor Center, 1 p.m. (2)	Wayne Memorial at Garden City, 1 p.m.
Wayne Memorial at Garden City, 1 p.m.	Wayne Memorial at Garden City, 1 p.m.

sport shorts

PCJBL SIGN-UP

Late registration for the Plymouth-Canton Junior Baseball League will take place from 7:30-8:30 p.m. Wednesday, April 17, in the Canton High School cafeteria.

A late fee of \$10 will be assessed per family in addition to the regular sign-up fee.

SPORTS MEDICINE TALK

Dr. A. Craig Cattell, a dermatologist at the Catherine McCauley-Arbor Health Building in Plymouth, will speak at the sports medicine conference Thursday, April 11, at Weber's Restaurant in Ann Arbor.

STEELERS SIGNUP

The Plymouth-Canton Steelers junior league football team has scheduled registrations for players and cheerleaders from 10 a.m. to 2 p.m. on the following Saturdays: April 20, May 4, May 18.

The sessions will take place in the lobby of the Phase III facility at Plymouth Canton High School.

Players and cheerleaders aged 9-13 are eligible. The cost is \$40 per player, \$25 per cheerleader and \$100 family maximum.

For more information, call either Janet Bryant (459-0299) or Tammy Brand (459-6347).

WOMENS AND SENIORS GOLF LEAGUE

The Canton Parks and Recreation Department will sponsor golf leagues for women and senior citizens beginning in mid-May.

The leagues will play at Fellows Creek, the women on Friday mornings and seniors Wednesday mornings.

The fee: \$10 for women plus greens fees; \$5 for seniors plus greens fees.

League meetings will take place at the Canton Township Administration Building (Canton Center Road) Wednesday, May 1, at 9 a.m.

The conference is sponsored by the Michigan State Medical Society.

Call 397-1000 for more information.

MENS GOLF LEAGUE

The Canton Parks and Recreation mens golf league, for Canton residents only, will play Wednesday evenings beginning May 8 at Fellows Creek.

The fee is \$20 plus greens fees. The league meeting is set for 7 p.m. Wednesday, May 1, at Township Administration Building.

Space is limited. Call 397-1000.

Cyclist-skater seeks double Olympic gold

By Tom Panzenhagen
staff writer

Speed skater John Coyle, 16, is sharpening his blades for the 1988 Winter Olympics in Calgary, Alberta. Cyclist John Coyle also is sprinting toward the 1988 Summer Olympics in Seoul, South Korea.

He's confident of making both U.S. Olympic squads. In fact, he said, "If this was an Olympic year, I would have been an alternate on the speed skating team."

But cycling may be his best sport. At least that's the one he started with before following in the tracks of former Olympians Sheila Young Ochowicz of Detroit and Eric and Beth Heiden, who competed in both events.

Coyle, who lives in West Bloomfield and attends Southfield Christian High School, competed March 24 in the North American Speed Skating Championships in St. Louis.

"I did terrible," he said. "I fell in the finals with three laps to go."

En route to the finals in the 500-meter and 800-meter events, however, he set new world records. His time of 1:19.51 in the 800 broke the record of Canadian Olympic gold medalist Gaoen Boucher, and his 48.9 in the 500 established a new mark for Coyle's age bracket.

Boucher's gold medal, it should be noted, was won outdoors. It was Boucher's indoor mark that Coyle topped.

INDOOR speed skating events are run on 100- or 110-meter ovals on a track that fits within a hockey rink. John's father, David, explained, The outdoor events are run on 400-meter tracks.

Indoor meets are skated back-style, "with six skaters going at once, racing each other rather than the clock," David Coyle said. Racers compete in heats, with winners advancing to the final.

Coyle set his first world records in the heats before falling in the finals. "I got my skates caught in a rut," he said.

According to his father, "David will be ready for both indoors and outdoors in 1988, but right now he's more specialized in indoors because we have the risks here that he can skate in."

The only outdoor speed skating tracks in the United States are in Lake Placid, N.Y., and West Alice, Wis.

Coyle practices about three hours during the week, lifts weights, works out on a slide board at home and competes most weekends, his father said.

ONE RECENT, six-day "weekend" event was in Amsterdam, Netherlands. Coyle qualified as an alternate on the five-man U.S. squad to the World Short-Track Speedskating Championships, and he skated in a couple of the events.

The United States finished in the middle of a 15-team pack, though, well behind frontrunners the Netherlands, Canada and Japan.

But Coyle wasn't daunted and said he enjoyed the experience, adding that the Dutch were very friendly to the American skaters.

His father said, "At 16, John's just breaking into the top, elite group. He's not going to win a world championship, but everything is still upward."

"It was his first time in another country, and not to be treated as an ugly American but to be well liked was really a good experience for him."

Next stop on the speed skating circuit is the U.S. Olympic Sports Festival in Baton Rouge, La., in July. Top qualifiers in all Olympic sports will be on hand.

BUT FIRST comes Coyle's first love, bicycle racing.

He was only 9 when he started long-distance cycling for recreation with his father.

By the time he was 11, Coyle was competing for the Wolverine Sports Club, a Detroit-area organization of cross country skiers, speed skaters and cyclists. His cycling coach was Mike Walden.

Coyle won the Michigan cycling championships in the mid-80s (9- to 11-

year-olds) division in 1979 and the nationals a year later.

It was after the 1979 season that Wolverine coaches Walden and speed skater Clair Young (Sheila Young Ochowicz's father), recommended he take to the ice over the winter to stay in shape.

Right now Coyle's gearing up for June cycling trials for the Junior World Cycling Championships, which will be this summer in Stuttgart, Germany.

COYLE SAID he broke out his bike a few days ago for the first time this year. "I'll be riding every day now but not far — just 20 miles or so at first," he said.

Coyle's also a member of a cycling team sponsored by 7-Eleven convenience stores. Walden said, "7-Eleven developed a national racing team for the '84 Olympics. Now they're developing riders at the other end like minor league farm clubs, supporting good bike riders while they mature."

Walden said Coyle has a good shot at the 1988 Olympics in both sports.

"Potentially he could make it. There's a lot of subtleties in there that take a long time to learn. He'll need international experience and more coaching before he's ready, and he needs to fill out and get stronger."

Coyle's 5-10, 135 pounds and still growing, according to his father, who said many indoor speed skaters are slender and quick as opposed to big and strong. But Eric Heiden, who won five gold medals in outdoor skating in the 1980 Olympics, "is built like a football player," the senior Coyle conceded.

IN ONE SENSE time is on Coyle's side because he has three years to gain more experience and growth before the 1988 Olympic games.

"The toughest thing about competing is that I don't have that much spare time," Coyle said. His regimen, for instance, forced him to miss a recent U2 rock concert, he said.

But Coyle, an 11th grader, still maintains an A- average, and he has completed 18 college credits by taking night classes at Oakland County Community College. He hopes to have 30 in the bank by the time he finishes high school so that when 1988 rolls around, he'll be able to devote his time to certain other golden endeavors.



John Coyle hopes to earn Olympic berths in both cycling and speed skating in 1988.

Observerland icers make elite squad

All-Observerland players Todd Hohl, Matt Wiljanen and Jim Kowalski have been selected to play for Team Michigan in the first U.S. High School International hockey tournament Friday through Sunday at Franklin Park (Ill.) Arena.

The game, developed by Johnson's Sports of Chicago, will showcase the top high school senior players nationally. The tournament features eight teams representing Michigan—Ann Arbor, Alaska, St. Louis, Mo., Buffalo, N.Y., Ohio, Wisconsin, Pittsburgh, Pa., and Chicago.

The three area players were chosen based on their performance last month in the second All-State game, sponsored by Midwest Hockey and Little Caesars Pizza. (Players from Team Michigan participating in the U.S. Invitational must forfeit their eligibility for high school spring sports).

HOHL, a forward at Redford Catholic Central, was the Shamrocks' second leading scorer this season with 17 goals and 13 assists.

Kowalski, a defenseman, scored 9

goals and added 21 assists as Livonia Franklin won its first regional since 1976.

Wiljanen, a forward for Livonia Churchill, led the Suburban Prep Hockey League (SPEHL) with 31 assists and 21 goals in 12 games.

Former Livonia Churchill and University of Michigan-Dearborn coach Adam Mitchell has been selected to coach Team Michigan. He will be assisted by A.J. Baker of Midwest Hockey and Danny Belisle, amateur hockey coordinator for the Detroit Red Wings.

TEAM MICHIGAN ROSTER
Goalies: Bobby Segura, South Lyon; Keith Nickard, Trenton; Ray Nagy, Bloomfield Hills; Graham Delaney, Ann Arbor; Pat Powers, Pat Moran, Allen Park; Cabini, Kevin Steele, Grand Blanc; Jim Kowalski, Livonia; Franklin; and Richy Cunningham, Fort Huron.

Forwards: Todd Hohl, Redford Catholic Central; Kevin O'Connor, Allen Park; Cabini, Chris Mull, Grand Rapids Catholic Central; Tony Scaturro, Ann Arbor; Pioneer, Tom Nettel, Marquette; Darren Schmitz, Howell; Jim Korum, Marquette; J.C. Corbett, Ann Arbor; Huron; and Chris Uppert, Ann Arbor; Pioneer.

Coaches: Adam Mitchell (head coach), A.J. Baker (assistant) and Danny Belisle (assistant).

Experienced Salem 9 out to cross experts

Continued from Page 1

Salem has always been blessed with solid catching. Tradition remains intact for this season. Junior Steve Dawson, who contributed mightily when called upon last year, appears ready to fill the shoes of Anderson.

THE MAJOR question mark, and one of the weaknesses a year ago, will be the pitching staff.

"We should do quite well offensively," Gravin said. "We make good contact, we're going to run, we've finally learned how to hunt this year — we

should score runs. But, like last year, are we going to get the kids to play defense and are we going to get enough pitching?"

Left-hander Dan Knapp and righty Brees saw a lot of mound duty last year and are going to have to carry a heavy load again this year. DeBello, Chris Davis, Tiller and Tim Helma-kangas should also see considerable innings this season.

Salem opens the 1985 campaign with a double-header at home Wednesday with Wayne Memorial and last year's Class B state champs Redford Thurston.

It's far too early in the season to be naming dark-horse contenders in the

talent-laden Western Lakes. But, with a little pitching help, Plymouth Salem could become one of the better-known

secrets in the league. For now, though, Gravin is content to keep the secret under wraps.

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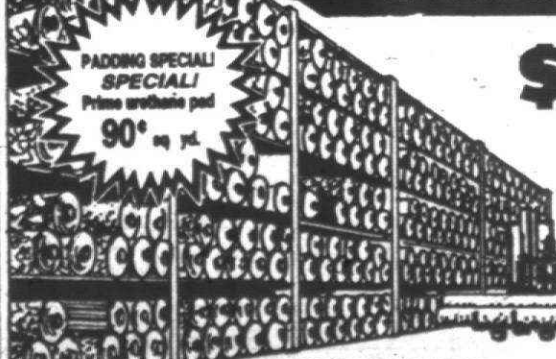
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NOTICE OF PUBLIC HEARING
CHARTER TOWNSHIP OF PLYMOUTH
PLANNING COMMISSION

NOTICE IS HEREBY GIVEN that a public hearing will be held on Wednesday, April 17, 1985, at 7:30 p.m. at the Township Hall, 42350 Ann Arbor Road, Plymouth, Michigan, for the purpose of reaffirming and amending the Tentative Preliminary Plat for Metro West Industrial Park Subdivisions, located on the south side of Five Mile Road, west of Sheldon Road, and containing approximately 124 lots.

as required by the Subdivision Ordinance No. 32.

NOTICE IS ALSO GIVEN that Tentative Preliminary Plat of Metro West Industrial Park Subdivisions may be examined at the Township Hall, 42350 Ann Arbor Road during regular business hours, until the date of the public hearing.

CLINTON STROEBEL, Secretary
Planning Commission

Published April 8, 1985

NOTICE OF PUBLIC HEARING
CHARTER TOWNSHIP OF PLYMOUTH
PLANNING COMMISSION

NOTICE IS HEREBY GIVEN that a public hearing will be held on Wednesday, April 17, 1985, at 7:30 p.m. for the purpose of considering the following:

The Single Family Cluster Housing Option for a new development.

Parcel 1, located on the south side of Ann Arbor Road, west of Canton Center Road, consisting of 1.53 acres, more or less.

Parcel 11, located on the west side of Canton Center Road, south of Ann Arbor Road, consisting of 3.08 acres, more or less.

Said development to consist solely of Single Family Cluster Housing Units, as requested by Graph Line and Associates, Inc.

Public Hearing required by Ordinance No. 83, and Subdivision Ordinance No. 32, of the Charter Township of Plymouth.

The application may be reviewed during regular business hours. Written comments concerning the request will be received prior to the meeting.

The application review, meeting and address for written comments is: Charter Township of Plymouth, Office of the Clerk, 42350 Ann Arbor Road, Plymouth, Michigan 48170.

CLINTON STROEBEL, Secretary
Planning Commission

Published April 8, 1985

Famous Recommendation For:

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NOTICE TO BIDDERS
CHARTER TOWNSHIP OF PLYMOUTH, MICHIGAN

Notice is hereby given that the Charter Township of Plymouth, Michigan, will receive sealed bids up to 4:00 p.m., E.S.T. on April 26, 1985 for the following:

EMPLOYEE HEALTH CARE COVERAGE PACKAGE

Proposal forms, instructions, specifications, minimum requirements and all other related documents may be obtained from the office of the Township Clerk during regular working hours. The office is open from 8:30 a.m. to 5:00 p.m. Monday through Friday. Phone 453-2840.

The package consists, in whole or part, of health care coverage for outpatient services, hospital services, extended care, emergency, prescription drugs, mental health care, vision care, dental services, chemical dependency and major medical coverage for the employees of the Charter Township of Plymouth.

The Township Administration reserves the right to accept or reject any or all bids and to waive any irregularities.

Ether Hulsing, Township Clerk
42350 Ann Arbor Road
Plymouth, Michigan 48170

In a sealed envelope bearing the inscription: "PROPOSAL FOR EMPLOYEE HEALTH CARE COVERAGE"

ETHER HULSING
Township Clerk

Published April 8, 1985

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CHARTER TOWNSHIP OF PLYMOUTH
ORDINANCE NO. 83.15

AN ORDINANCE TO AMEND THE ZONING ORDINANCE OF THE CHARTER TOWNSHIP OF PLYMOUTH BY AMENDING THE ZONING MAP.

THE CHARTER TOWNSHIP OF PLYMOUTH ORDAINS:

PART I. That the Township Ordinance No. 83 is hereby amended by amending the Zoning Map, by changing those areas indicated on the Amended Zoning Map No. 15, attached hereto and made a part of this Ordinance.

PART II. CONFLICTING PROVISIONS REPEALED. Any Ordinance or parts of Ordinances in conflict herewith, are hereby repealed.

PART III. The provisions of this Ordinance are hereby declared to take effect on April 24, 1985.

PART IV. ADOPTION. This Ordinance was adopted by the Township Board of the Charter Township of Plymouth by authority of Act 184 of the Public Acts of Michigan, 194

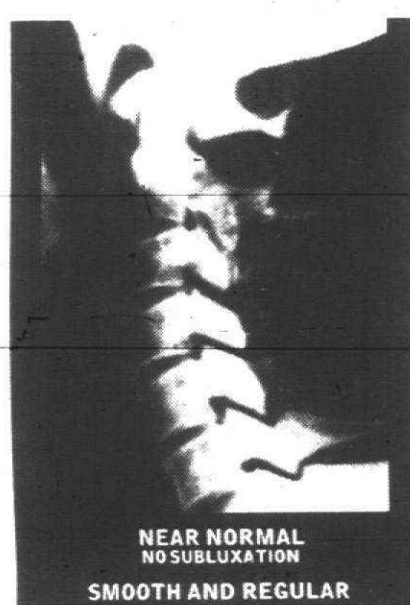
SPINAL DEGENERATION

WHEN YOUR SPINE IS INJURED IT BEGINS TO DEGENERATE.

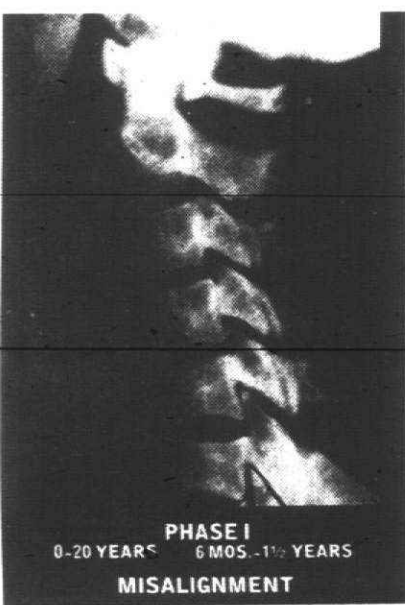
Almost everyone has had at one point in their lives some strain, pull, fall or injury that involves their spine.

These traumas cause your vertebrae to be altered from their normal position. This can happen without spinal pain. From that initial injury, your spine begins to degenerate as time passes.

The spine goes through four phases of degeneration. These phases can be determined with x-ray and are pictured below.



NEAR NORMAL
NO SUBLUXATION
SMOOTH AND REGULAR



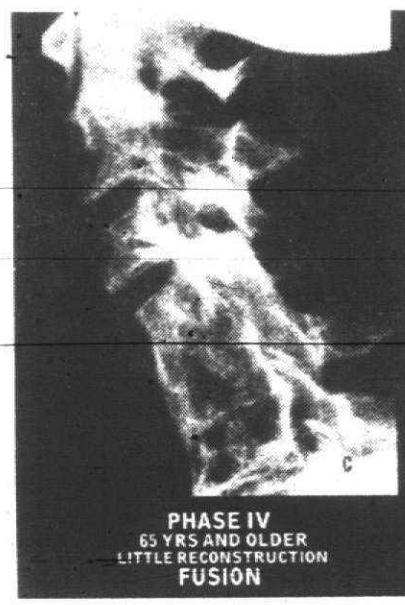
PHASE I
0-20 YEARS
6 MOS. - 1 YEAR
MISALIGNMENT



PHASE II
20-40 YEARS
1 1/2 - 2 1/2 YEARS
SOME DECAY



PHASE III
40-55 YEARS
2 1/2 - 3 1/2 YEARS
MUCH DECAY



PHASE IV
55 YEARS AND OLDER
LITTLE RECONSTRUCTION
FUSION

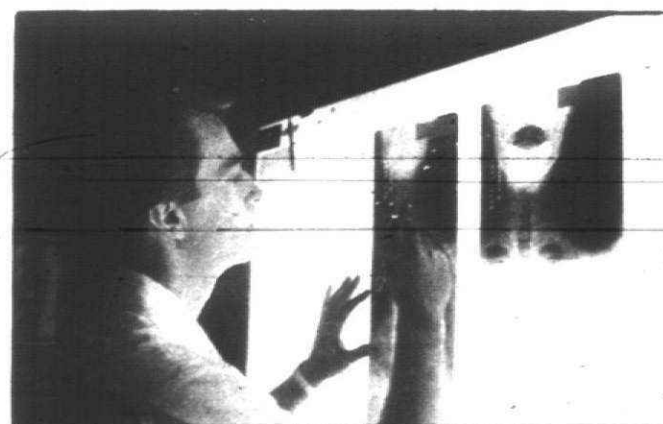
UNDER EACH PICTURE ARE THE LENGTH OF DEGENERATION & THE TIME REQUIRED FOR CORRECTION (EXAMPLE: PHASE II, 20-40 YEARS OF DEGENERATION, 1 1/2 TO 2 1/2 YEARS TO CORRECT)

The only means of stopping the degeneration is to move the vertebrae back to their original position. This is done with chiropractic spinal adjustments.

If the degeneration progresses to the latter phases, it may not be correctable. A simple x-ray can detect degeneration and chiropractic adjustments can halt and many times reverse the process.

The adjustment technique Dr. Mashike uses is low force resulting in safe recovery without pain. Don't neglect your spine, it's your lifeline.

Next week we will discuss the effects of degeneration on the nervous system.



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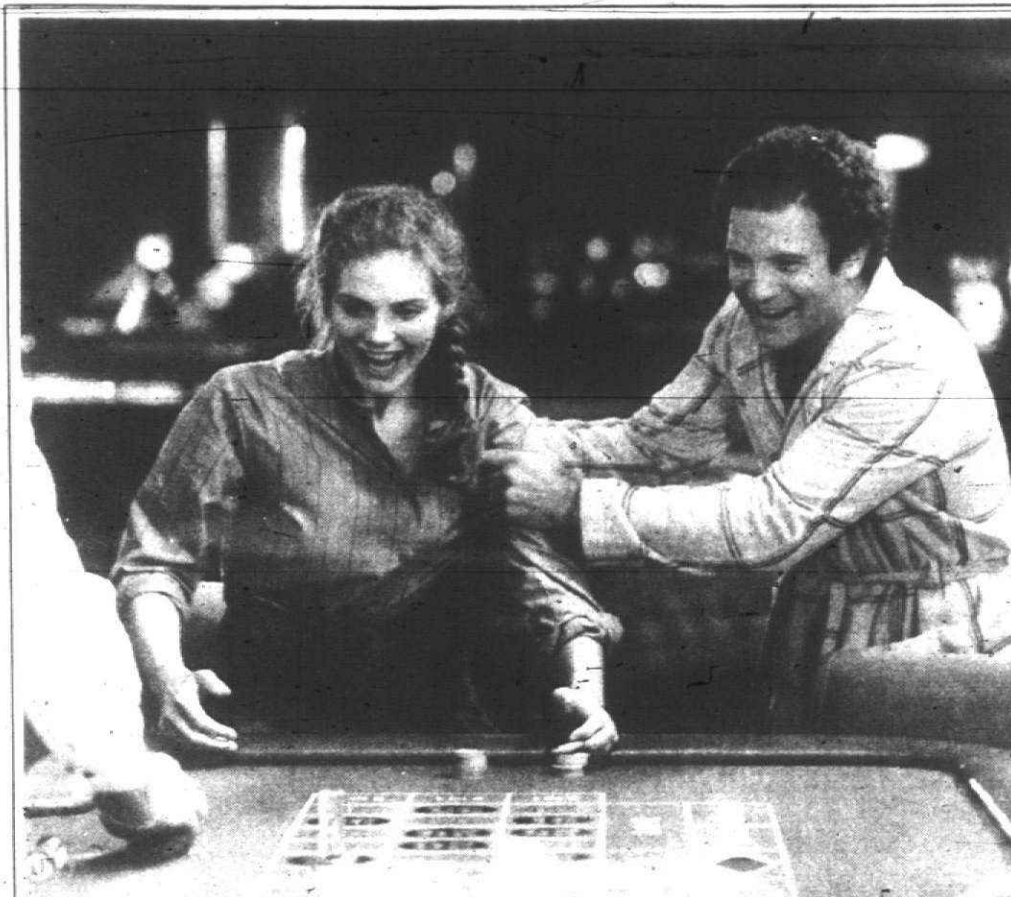
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Julie Hagerty and Albert Brooks are Linde and David Howard, an upwardly mobile couple who decide to try a different lifestyle that includes gambling in Las Vegas, in the comedy "Lost in America."

the movies
Dan Greenberg

Yuppies drop out in mostly unfunny 'Lost in America'

"Lost in America" should be consigned to what ever oblivion dumb movies go.

Some movies start out stupid and go nowhere. "Lost in America" is a clever movie whose first 20 minutes show great promise before it turns terminally awful.

David Howard (Albert Brooks) is about to be promoted to senior vice president at a major ad agency, while his wife, Linda (Julie Hagerty), labors as personnel director for a well-known department store. They've just bought a \$450,000 house and are shopping for a \$45,000 Mercedes. How yuppie can you get?

But wait, here comes life at its quirkiest — at least from the point of view that characterizes the film. David doesn't get promoted. In the film's funniest scene (which fizzles instead of ending with a bang), David insults his boss and gets fired.

Well, all of a sudden, with a lack of motivation that characterizes the film, David decides to become irresponsible because Linda idly noted he was a bit stuffy.

DAVID CONVINCES sweet Linda of the pursued lips to quit her job and drop out with him. They sell everything, buy a motor home and head to Las Vegas. The bridal suite of the Desert Inn hardly

represents exploring America to discover what life is about.

The problem with David's irresponsibility is that it permeates everything but Albert Brooks' tight, dull and uninvolved characterization. Brooks wrote and directed "Lost in America."

Now, that's irresponsible! Once the Howards hit the road, the film is a series of loosely connected episodes that are incomplete and unfulfilling.

The least comprehensible activity occurs in Vegas. Linda rises in the middle of the night, loses their \$150,000 nest egg at roulette and shrugs it off with, "I'm sorry."

It might have been exciting to see her gambling and losing. It might have been interesting to learn why she did it. Hearing about it afterwards is silly, particularly without an explanation.

While there are some funny concepts in the dim recesses of the script, they never surface in any completed way. We never see real humans. David and Linda meander stupidly through alleged adventures all across a countryside photographed with the style and zeal of a sophomore travelogue.

Warning: This film is hazardous to entertainment. If you don't believe me, sit through until the total cop-out with which "Lost in America" ends.

what's at the movies

AMADEUS (PG). Winner of eight Academy Awards. Superb rendition of Mozart's life with Tom Hulce and F. Murray Abraham. Directed by Milos Forman.

BABY... SECRET OF THE LOST LEGEND (PG). Baby Brontosaurus is the object of another jungle-movie chase.

BERRY GORDY'S THE LAST DRAGON (PG-13). Contemporary music and martial arts in New York City. Drag on home and miss it.

BEVERLY HILLS COP (R). Eddie Murphy is funny, but Detroit comes off second best in this cop show.

THE CARE BEARS MOVIE (G). Animated feature about the Care Bears, featuring Mickey Rooney's voice as Mr. Cherrywood.

DESPERATELY SEEKING SUSAN (PG-13). Hoboken housewife changes identities with a free spirit. No wonder they make New Jersey jokes.

FRIDAY THE 13TH — A NEW BEGINNING (R). To an old story.

MOVIE RATING GUIDE

G General audiences. All ages admitted.

PG Parental guidance suggested. Some material may not be suitable for preteens.

PG-13 Parents are strongly cautioned to give special guidance for attendance of children under 13. Some material may be inappropriate for young children.

R Restricted. Under 18 requires accompanying parent or guardian.

X No one under 18 admitted.

Musical 'Vino!' to premiere

A world premiere charity gala of Joe Marrocco's new musical comedy "Vino!" will be presented at 8:30 p.m. Wednesday, April 24, at Mercy College of Detroit.

The gala is sponsored by the Mercy College of Detroit Alumni Association, in cooperation with the local music community. The special preview per-

formance of "Vino!" will be followed by a champagne reception with the playwright and Detroit community leaders and TV personalities.

Tickets are \$50 (\$35 is tax-deductible). Proceeds will go to the Student Scholarship Fund of Mercy College. For more information, call Mercy College at 592-6114.

'20s, '30s dance band to play

The 11-member Hotel Savarine Society Orchestra will present an evening of nostalgia, dancing and entertainment in a return visit to Oakland Community College's Highland Lake Campus in Union Lake.

The program at 8 p.m. Friday, April 12, will be held at the Highland Lakes Student Center Arena. Admission is \$5 per person. Light refreshments, as well as beer and wine, will be available. For reservations, call 360-3041.

Popular music of the 1920s and early '30s will be featured. Specializing in the look and sound of the dance bands of the era, the group's repertoire consists of familiar period hits such as "Charleston," "Bye Bye Blackbird" and "Brother Can You Spare a Dime."

Recently featured in the Greenfield Village "1920s Great Escape Weekend," the Hotel Savarine Society Orchestra has performed locally at parties, conventions and other special events for several years.

Another showplace to open



wine
Richard Watson

It was a classic deja vu situation. Ten years ago I walked in on Mike Rowan, uninvited then as now, as he supervised the construction of a huge, hidden, new chateau-winery in the hills of Alexander Valley. He was so surprised by the visit that he gave me a wholly unauthorized tour — with us wearing appropriate hard hats — of what has since become the Jordan Winery. Mike's skills and Tom Jordan's money developed that into one of the premier wineries in all of California.

A couple of weeks ago I did it again, this time catching Mike even before ground had been broken at his West Dry Creek Road property, soon to be known to the world as Domaine Michel. The architectural drawings are most impressive. It will be another showplace and also will produce only cabernet sauvignon and Chardonnay. Mike has already done one crush, in space at Jordan, and we will see his first issues perhaps by fall.

Early on, the decision was not to call it Jordan West.

Additionally, there are a couple of other new wineries in the building stage, sporting names that will soon be familiar to all of us. Down in Paso Robles, footings were being poured for the new Arciero Winery and Vineyard, when I was there cheerfully sipping 1984 chardonnay in the sun at 7:45 in the morning amid the chaos of construction.

THE NAME IS a family one, the money from the Southern California construction business. Vast acreage has already been developed, more to follow to support the needs of this planned 500,000-case-per-year

enterprise. The focus will be on Italian-style wines (cuttings of Nebbiolo were contracted for as I waited), but the scope will be broad. An early and initial pressing of 1984 grapes was done, some 9,000 tons, but that was done only to test the staff and the machinery.

The winery itself will be on the awesome side. It will cover some 75,000 square feet. That will enable the place to become a kind of community center as well as a complete winery. Usual business and hospitality services will be present, as well as a visitor center, art gallery and community meeting and dining areas.

The property is about five miles east of Paso Robles on Highway 46, between Gary Eberle's new winery and Estrella River, a place soon to hit the 300,000-case-a-year level of production.

The third winery still undergoing construction worth reporting is Carment Vineyards in the upper Mayacamas region of Sonoma, next door to Martini's famous Monte Russo vineyards. This is the property of the people who make Chalone and Edna Valley wines, in Monterey and San Luis Obispo respectively, in the South Central Coast.

While those two wineries are essentially burgundian in nature (producing pinot noir and chardonnay), Carment is to be a Bordeaux venture, making exclusively cabernet sauvignon and sauvignon blanc. The vineyards surround the new, redwood and essentially circular winery, with a magnificent view of the Sonoma Valley, Santa Rosa and Sonoma below.

CARMENET'S INITIAL issue, which has been available to us locally for a couple of months through the Merchant of Vino, is a wine made at its Edna Valley facility. But full-scale operations will put its wines in general distribution within a year — wines made in Sonoma from Sonoma grapes.

Two other wineries need mention here. Both in recently completed facilities, but just, are the Thomas Fogarty Winery and the La Jota Vineyard Co. The former is on Skyline Drive west of Palo Alto and is a 5,500-case-per-year operation that is getting extremely good press.

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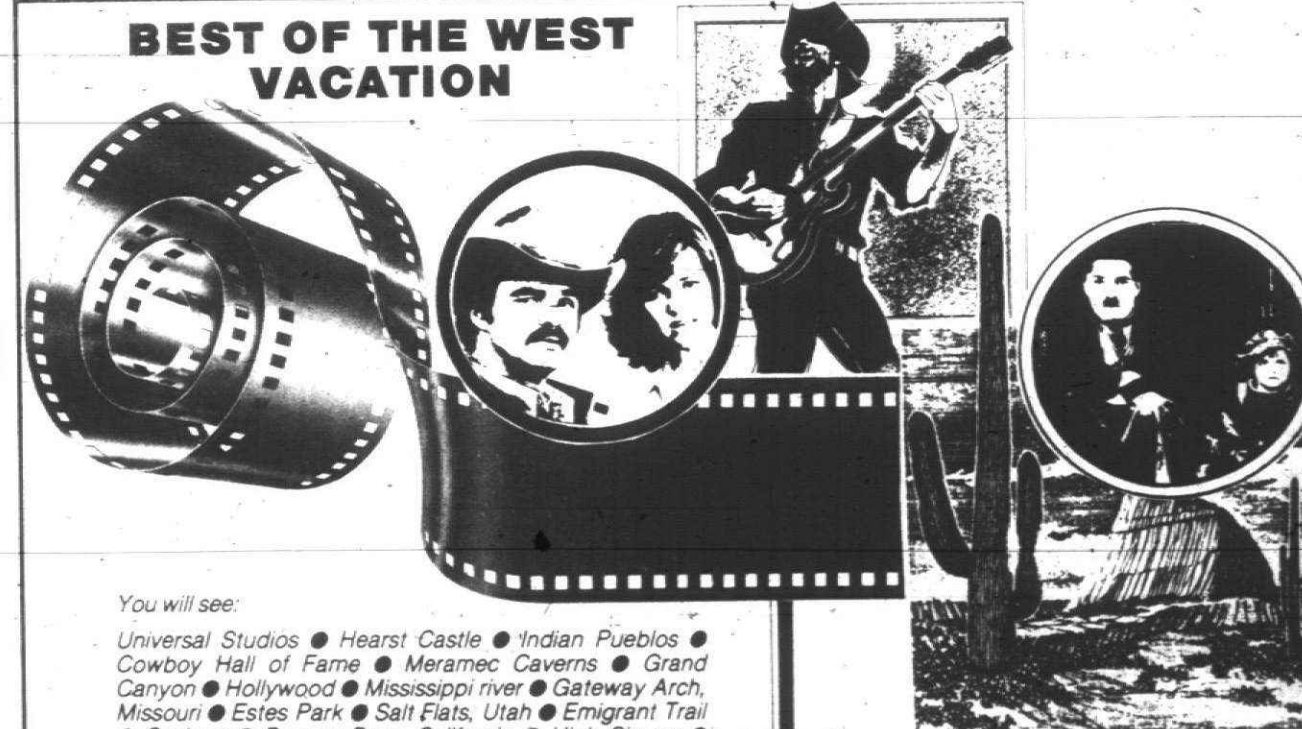
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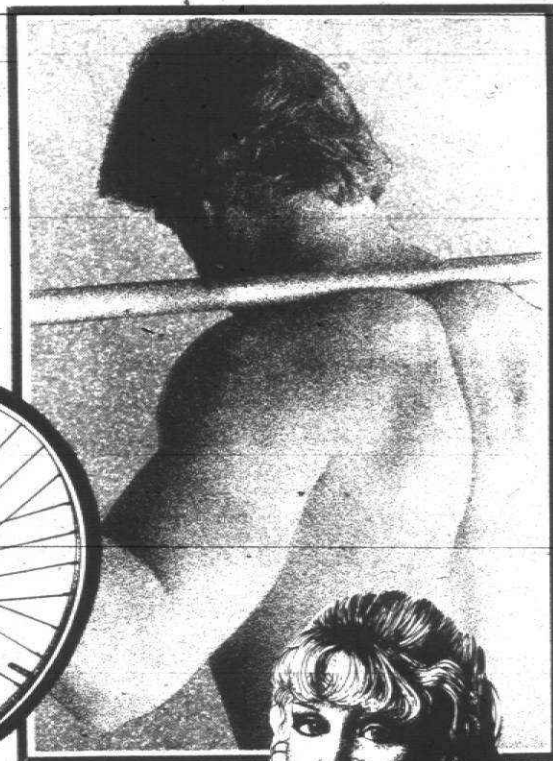
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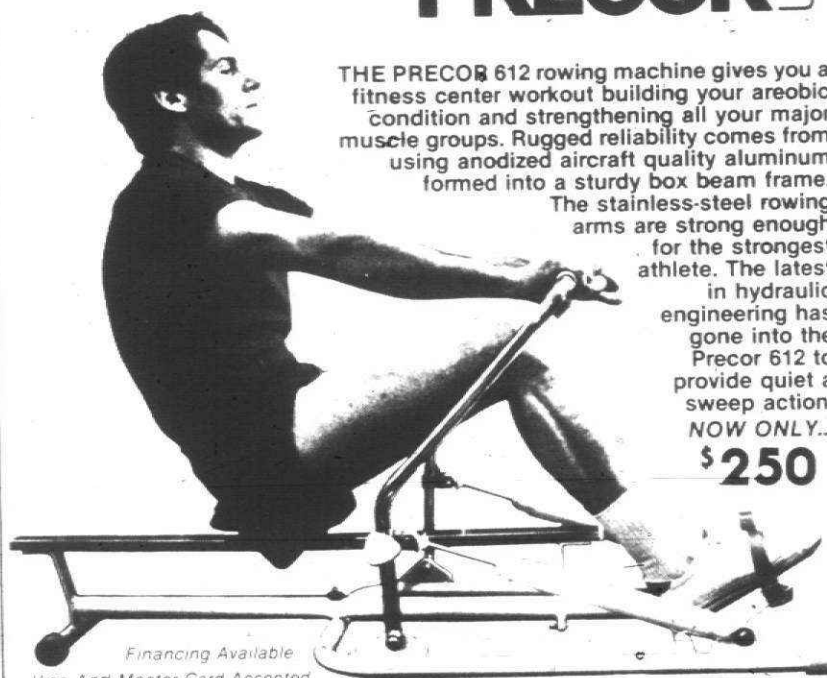
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Group takes strides to appease runners

By Chris McCosky
staff writer

You've been running for a while now. Nothing special, just on your own after work — just trying to keep in shape. You started out with a casual mile jaunt through the subdivision. It was a grueling at first, but now you're feeling pretty strong after three, four, even five miles on a good day.

You feel real good about your conditioning, but something is missing. You're getting bored running alone through the streets. You don't want to quit running, but you need a change, some new incentive.

You need competition and companionship.

Dr. Edward Kozloff and 1,300 people ranging in age from 6 to 76 know exactly what you're going through. And they have a remedy.

It's called the Motor City Striders. It's the largest running club in the state and among the largest in the Midwest—it's been around for 27 years. Kozloff has been with the club since 1963, its president since 1975.

"Running alone can sometimes get stale," Kozloff said. "When you get with others, it's much more stimulating."

KOZLOFF, in conjunction with the Striders, has set up a schedule of runs throughout the summer aimed at stimulating the state's ever-increasing running populace.

"We get all levels of runners," Kozloff said. "I would say about 20 percent of our club is women, the youngest member is 6 years old and the oldest is 76."

"Unlike basketball or baseball, there are really no losers (in running). We kind of operate on two levels. On one level you want to finish the race in first place, but most people know they don't have a chance. So the other level is competing within yourself. You can finish last two races in a row, but see improvements in your times and feel a terrific sense of accomplishment."

The Motor City Striders run a race every other week through the summer. It costs \$10 per year to become a member of the Striders. Membership includes discount tickets on race entry fees, a newsletter and several other helpful items. You do not have to be a member of the Striders to run in any of the Striders' races.

HERE IS a partial listing of the 1985 Motor City Striders running schedule. This list is also a cross-section of most of the better runs offered in the tri-county area:

APRIL

- MCS 15K. Race begins 10 a.m. Sunday, April 14, at Belle Isle in Detroit.
- Blue Cross 1 Mile, 5,000-meter and 10,000 meter runs: Begins 9 a.m. Saturday, April 27, through Detroit.

MAY

- Fairlane Charley's 10,000-meter Run: Begins 10 a.m. Sunday, May 5, in Dearborn.
- Elias Brothers 10,000-meter Run: Begins 10 a.m. Sunday, May 11, at the Pontiac Silverdome.

Please turn to Page 5

At ease Relaxing through yoga

By Karen Hermes-Smith
special writer

A SERIES of soothing musical notes called "Eastern Peace" softly played in the background.

Sixteen men and women, stretched out on mats in the dimly-lit room, quietly followed Karen Farkas' instructions for yoga exercises.

"Stand with your feet about two feet apart, toes relaxed, knees straight," she said. "Extend your arms at shoulder level and clench your fists. Inhale and pull your shoulder blades tightly together like you're squeezing an orange between them."

"You're going to feel a lot less tired by the end of the class," she promised.

Fifteen years ago, yoga changed Karen Farkas' life.

"It rescued me from a nervous breakdown," the Livonia woman said. "It cured my insomnia and made me more self-confident."

FARKAS WAS a first-year teacher who couldn't manage the badly-behaved junior high school students in her class. "I got so desperate I quit my job in the middle of the year," she said. "It was a tough time emotionally for me."

A year later, she read an article about the benefits of yoga in *Fitness for Living*, a health magazine. "I showed up for my first yoga class (at the Redford YMCA), and I knew it was for me," she said.

Now, in teaching yoga at Livonia's Bryant Junior High School, Farkas is sharing with others how the ancient Indian exercises reduce stress, lower blood pressure, strengthen muscles, soothe aching backs and condition joints.

The Thursday evening class is offered through Livonia School District's Leisure-time program. The current 8-week session began last week.

One of Farkas' students, Nadene Mitcham of Westland, said yoga relieves the soreness in her muscles brought on by arthritis. "It makes me feel good," she said, adding that her doctor suggested she take a yoga course.

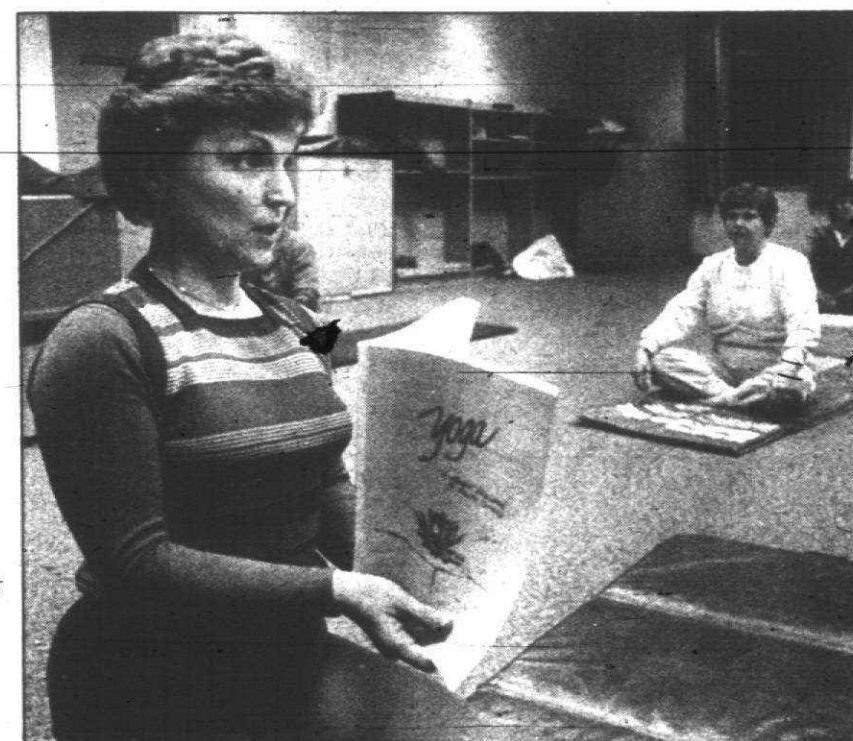
ANOTHER STUDENT, Peggy Brewer of Livonia, has a sedentary job and finds yoga soothes the pain in her back after an eight-hour work day. "It's also a good stress-reliever," she said.

Farkas, who has 12 years experience teaching yoga — the first year at the Farmington YMCA — teaches the Hatha branch of yoga. She belongs to, and is a founding member, of the Yoga Association of Greater Detroit which certifies teachers to assure they have proper credentials.

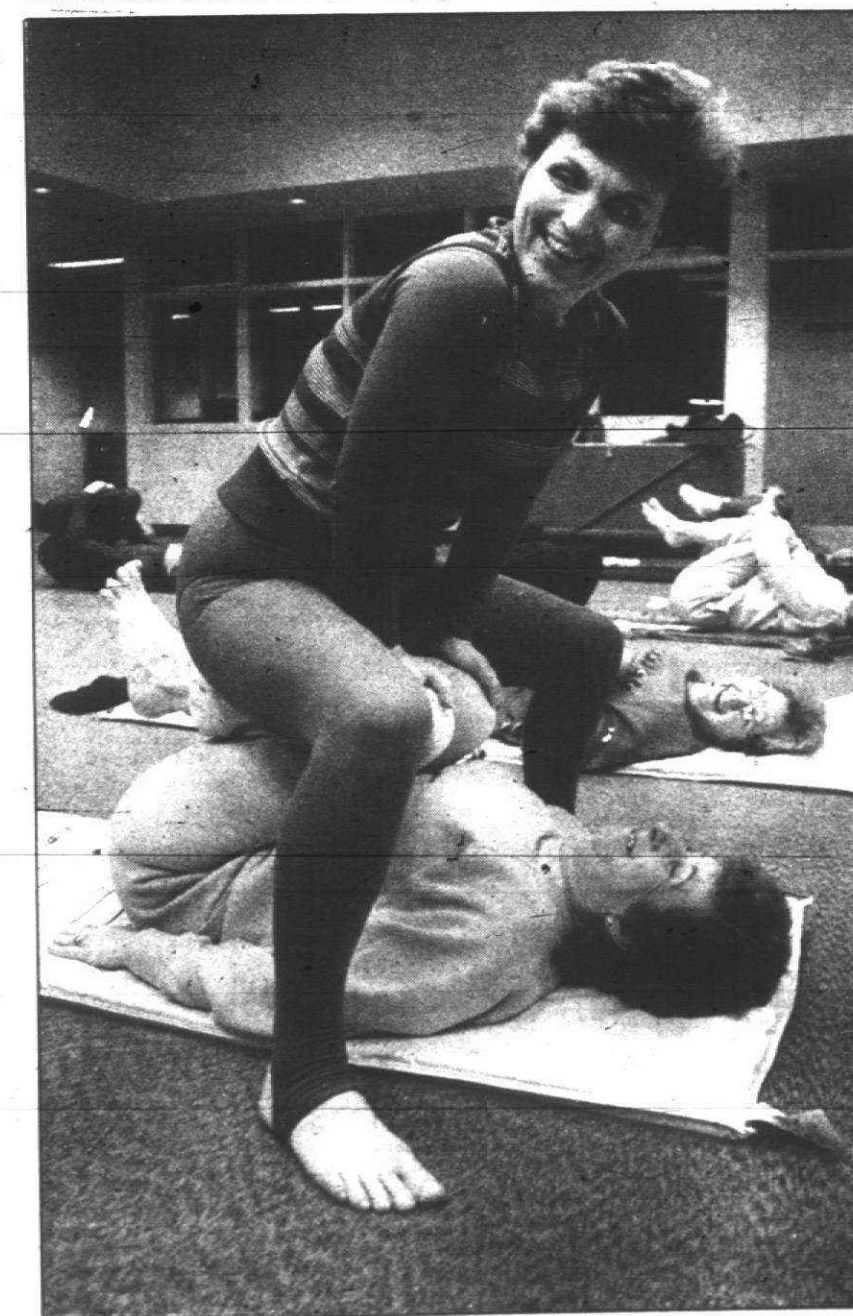
Hatha, Farkas explained, is the physical branch of yoga. It involves more exercise, more breathing techniques and less meditation than its counterparts Raja, Bhakti and Karma. All branches are part of a vast philosophical system devised in India several centuries before the birth of Christ.

People shy away from yoga, Farkas said, because of its many misconceptions. "People think it's a religion. They think we (yogis) lay on beds of nails, eat snakes, stare at our navels. They say they can't stand on their heads. Actually, only a few of the very advanced postures involve standing on the head."

PEOPLE ALSO mistakenly think yoga is not challenging enough of an exercise. Although the movements are very slow, rhythmical and gentle, they work to tone the muscles. "You can become an athlete



Karen Farkas discusses the art of yoga with her class in Livonia.



...then shows how sitting on Dorothy Petrie's bent legs can help relax the student's back.

through yoga," Farkas said. Combined with an aerobic workout to condition the heart and lungs — the only body parts yoga misses — yoga can provide a total health regimen, she added.

Yoga's also an exercise — because people go at their own speed — that can successfully be done by all ages and body types.

Yoga reached a peak in popularity during the 1960s and early 1970s, Farkas said, when many of the flower children began practicing it. "A typical yoga class had about 50 people in it," Farkas said.

Then, in the late 1970's, the emphasis in health and fitness turned to aerobics.

HOWEVER, Farkas predicts a resurgence in yoga because of the attention health experts are giving to the harmful results of stress and yoga's ability to relieve them. Her current class enrolls 26, Farkas said, which is an increase from earlier class registrations.

Human beings are born with the ability to do yoga, Farkas said. Babies can lift their feet to their heads with ease. They sit in yoga postures without even thinking about it.

But, as we grow up in the stressful West, our muscles tighten. "We spend our whole lives cramping up, cramping up," Farkas said, illustrating her point by pulling her arms and hands tightly to her chest. The Western culture provides no avenue like yoga for relaxing those muscles. "People actually grow shorter (as they age)."

Farkas, who practices yoga four to five times a week, said she's learned through yoga to cope with the daily stresses of her job in a newspaper advertisement placement office. If she notices her breathing start to accelerate or her movements becoming rushed, she consciously can slow down her breathing and begin to relax.



Livonia's Peggy Brewer (foreground) relaxes with the rest of the class during a yoga session.

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Taking precautions helps avoid injuries

WHETHER YOU'RE a weekend
athlete or a competitive long-
distance runner, knowing
proper exercise safety pre-
cautions will help you avoid injuries.

Today, too many people suffer from "ex-
ercise burnout" and sports-related injuries
because they throw themselves into an ex-
ercise regimen without adequate prepara-
tion.

Many fitness experts believe that instead
of being a "sweat and suffer" ordeal, an
exercise routine should be enjoyable part
of life.

Here are 10 recommended exercise
safety tips:

• Check with a doctor before engaging
in any exercise regimen.

• Know your limitations. Don't expect
to get back into shape overnight. Even ex-
perienced athletes should be aware of
overexertion. Your body is the best indica-
tor of your limitations — listen to it careful-
ly.

• Pace yourself. Don't exercise too vig-
orously. "Pain does not necessarily mean
gain" is a good exercise motto to adopt.

• Proper ventilation and clothing are
important. Wear non-restrictive attire that
makes you feel comfortable. Fresh air is
good, but cold drafts should be avoided.
Upon completion of a strenuous workout,
put on warm clothing to allow the body to
cool down gradually.

• Learn to prevent back injuries. Exer-
cises that concentrate on the abdominal
muscles require extra safety precautions
for people prone to back problems. While

doing these exercises, flattening the back
to the floor will relieve unnecessary strain
on the back. In order to keep the lower
back on the floor, bend the knees and tuck
in chin to chest gently without reducing
your airflow. When doing any forward
bending movements always remember to
keep the knees relaxed.

• Stretch out and warm-up. Before you
start working out, it is important to loosen
and limber your muscles. You'll avoid inju-
ry and enjoy the physical movement more.

• Bouncing stretches are too harsh.
Bounce-stretch movements create ten-
sions and shortening of muscles, which
may result in injuries. Instead, hold at a
slow stretch for 15 seconds to elongate the
muscle.

• Cardiovascular routines (after con-
tinuous movement) should not come to a
screaming halt. Keep moving to allow the
heart to gradually slow and recover. If you
suffer from nausea or vomiting after ex-
ercising, you either are exercising too vig-
orously or cooling down too quickly. Be
sure to have a more gradual and longer
cool-down period.

• Learn to breathe properly. The cor-
rect way to breathe is in through the nose
and out through the mouth. A good signal
that you aren't breathing properly is ex-
treme breathlessness lasting for more than
10 minutes after immediately finishing ex-
ercise.

• Learn to relax. Exercising should be
an enjoyable experience. It is one of the
most important methods to relieve stress.

Plenty in store for running buffs

Continued from Page 2

JUNE

- Emily-Midas 10K Run. Begins 9 a.m. Saturday, June 15, at Cobo Hall in Detroit.
- International Freedom Festival 10,000-meter Run. Begins 10 a.m. Satur-
day, June 29, at Hart Plaza in Detroit.

JULY

- Firecracker Mile. Begins 9 a.m. Thurs-
day, July 4, in Clawson.
- Back to Birmingham 2-mile and
10,000-meter Runs. Begins 9 a.m. Sunday,
July 14, in Birmingham.
- Elias Brothers Road Race Series 1-
and 2-mile Runs. Begins 6:30 p.m. Thurs-
day, July 18, at Huntington Woods Central
Plaza.
- Elias Brothers Road Race Series 1-
and 3-mile Runs. Begins 6:30 p.m. Thurs-
day, July 25, at Huntington Woods Central
Plaza.

AUGUST

- Elias Brothers Road Race Series 1-
and 4-mile Runs. Begins 6:30 p.m. Thurs-
day, Aug. 1, at Huntington Woods Central
Plaza.
- Striders' Club Picnic and 1- and 3-
mile Runs (non-members welcome). Be-
gins at 10 a.m. Sunday, Aug. 11, at Ford
Field in Dearborn.
- Governor's Cup 1-and 5-mile Runs.

Begins 9 a.m. Sunday, Aug. 25, at the
State Fair in Detroit.

SEPTEMBER

- Bonne Bell 10,000-meter Run (for
women only). Begins 9 a.m. Sunday, Sept.
8, at the Detroit Zoo.
- Chauncey Longwhite Memorial 10-
mile Run. Begins 10 a.m. Sunday, Sept.
29, at Belle Isle.

OCTOBER

- Run For Liberty 11.8K Run. Begins 11
a.m. Saturday, Oct. 12, at Hart Plaza in
Detroit.
- Detroit Free Press International
Marathon (26 miles). Begins 9 a.m. Sun-
day, Oct. 13, in Detroit.
- Horrible Halloween 1- and 4-mile
Runs. Begins 4 p.m. Sunday, Oct. 27, at
Huntington Woods Central Plaza.

Entry fees range in price from \$3 to \$8
for these races. To enter, or for more infor-
mation about the Motor City Striders, call
Kozloff at 544-9099.

There are many other runs taking place
this summer throughout the Observer and
Eccentric area. Some of the more estab-
lished races include the West Bloomfield
Half-Marathon (April 21), the Plymouth
Distance Classic (no date set), the South-
field 2001 and the Birmingham Lions Club
Run For the Blind. Information on these
and other local races can be obtained
through the parks and recreation depart-
ments of the various communities.



Running enthusiasts will have plenty of chances to strut their stuff be-
cause many races have been planned in the suburbs this year.

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Runners: Treat heel injury early

The following column discusses various injuries caused by running or jogging. It is written by Dr. Bruce I. Kaczander and Dr. Brian L. Kerman, partners in Family Podiatrists in Canton and Southfield. Both doctors live in West Bloomfield Township.

jogging

THE MOST common cause of heel pain in a runner is a condition known as "plantar fasciitis." The plantar fascia is a protective tough tissue which extends from the base of the heel to the ball of the foot and protects the 17 muscles which lie in four distinct layers within the arch of the foot. It acts as the foot's shock absorber.

The plantar fascia normally is a fairly resilient structure which helps maintain the total architecture of the foot. But sometimes the ligaments binding the bones of the arch become weakened. Then, the muscles of the sole of the foot lose some of their elasticity, and sooner or later, the protecting fascia becomes stretched and painful.

PLANTAR FASCIITIS is an overuse syndrome. As in other overuse injuries, the pain develops at the beginning of a workout, but diminishes during running, only to recur at the finish or later. Frequently, the patient will experience pain with the first few steps taken in the morning. If left untreated, this condition can progress to what is known as a heel spur.

When runners have a plantar fasciitis, their pain is more severe when running on the balls of their feet. When there is a heel spur problem, the pain appears to be more severe at heel contact.

Initial treatment consists of ice, compression and extremity elevation. Occa-

sionally, steroid injections at the point of maximum tenderness will successfully interrupt the pain-injury cycle. Treatment must be individualized.

Remember, all athletes have one thing in common — the better trained they are, the closer they are to being on the brink of disaster. The brink of disaster is that state between athletic excellence and athletic disaster.

Too much training can lead to injury. Don't overuse your body.

MANY COMMON sports injuries fit into the category of tendinitis or inflamed tendons. Achilles tendinitis is the second most common injury seen in runners. The Achilles tendon is the cord that arises behind and above the back of the heel bone — it unites the calf muscles and attaches to the heel bone. It bears the brunt of our foot's activity, while transmitting forces through the ankle, leg and thigh.

Inflammation, characterized by swelling and tenderness, usually is a result of prolonged irritation to an area.

Athletes engaged in running sports must use deep and superficial muscles in the back of their legs. These muscles become overdeveloped which produces a compensatory shortening of muscles in the calf and a tightening of the Achilles tendon.

When your body weight glides over your foot, the ankle bends and stretches the heel cord. An inflexible calf muscle, or short leg, can be the cause of excessive

stretching of the Achilles, which can produce the inflammation.

THE MOST common symptom is a burning pain in the heel cord when getting out of bed or pain at the start of a run. This usually will dissipate early in the workout and recurs after the exercise is completed.

The most common causes of the development of an Achilles tendinitis are uphill/downhill running and wearing shoes with a rigid sole. When running uphill, a strain is placed on the Achilles as the runner toes off to go up the hill. During downhill running, landing hard on the heel places an excessive strain on the heel. A rigid soled shoe provides inadequate shock absorption.

Other common causes include inadequate and improper warmup, improper positioning of the heel when the foot contacts the surf, tight hamstrings, and too rigid a running surface (concrete).

THE BEST treatment for an Achilles tendinitis is prevention.

Adequate warm-ups and cooling down with stretching and flexing of the Achilles tendon may be the only therapy necessary to clear up this condition. Avoiding extensive uphill/downhill running, or banked soft surfaces, as well as orthotics to control rotation of the heel bone, are helpful. Stretching over ice, or a 1/2-inch or 3/4-inch heel lift also is beneficial.

Injection of steroids should be avoided because this can produce tendon rupture.

Running does not have to be stopped, just decrease the distance and stretch properly before and after the run.

If neglected, a hard nodule will form in the tendon, which may necessitate surgical removal.

Get medical OK before exercising

Most authorities recommend that people older than age 35 who have previously been inactive, or people suspecting a medical problem, obtain a physician's clearance before beginning a vigorous exercise program.

Taking a fitness test is a good way to get an idea of what shape you're in when you start an exercise program, and how to gauge your progress. Stan-

dard tests exist which measure cardiorespiratory endurance, flexibility, muscle strength and endurance and body fat.

Studies show that you are more likely to stick with your exercise program if you establish specific and realistic goals and schedules. Set aside a regular time for your workouts and set goals for distance covered, games completed or exercises performed.

National Cancer Awareness Month happens everyday at the American Cancer Detection Center

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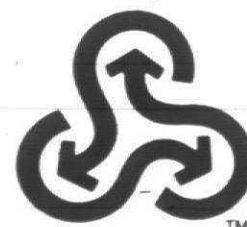
a yearly cancer related examination for everyone over forty, before the symptoms appear.

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Natural remedies can ease backaches

CONTRARY TO public opinion, backaches are not normal to the aging process.

There are a myriad of causes for backaches. One cause of backache may be the furniture in your house or apartment — particularly the bed. A soft mattress that "gives" a great deal is a likely source of back trouble. Without proper support, the spine may become unaligned. Soft chairs can cause the same result. If your mattress is too soft, buy a new one. If you can't afford it, stick a board between the mattress and bedsprings.

One major cause of backache among women is high heels or platform shoes. Such shoes distort the posture and the spine, putting strain on lower back muscles.

Some people with backaches discover — after paying huge medical bills — that one leg may be shorter than another, causing strain to back muscles. Lie on the floor and see if your feet touch each other in perfect alignment. If one leg is shorter, spinal adjustment often can eliminate the disparity.

DON'T ENGAGE in a lot of unnecessary bending. Stoves, counters and tables that are too low should be replaced.

Bending and lifting result in a large percentage of backaches. People should keep the burden of weight in front of them, bend their knees, and lift with their arms and legs — not with their lower back.

Many people have thrown out their backs carrying the laundry or groceries off to one side. Keep the spine straight. Carry the burden in front of you.

The two most important causes of backache, according to some experts, are a lack of exercise and an improper diet. It may be hard to believe that an unbalanced diet may cause such a problem, but scientific tests have proved that the addition of a nutritional balance often can eliminate backache quickly and completely.

MANY BACKACHES result from allergic reactions to certain foods and can be eliminated when the food is no longer eaten. Backaches disappear when protein, calcium and magnesium, as well as other nutrients, are balanced.

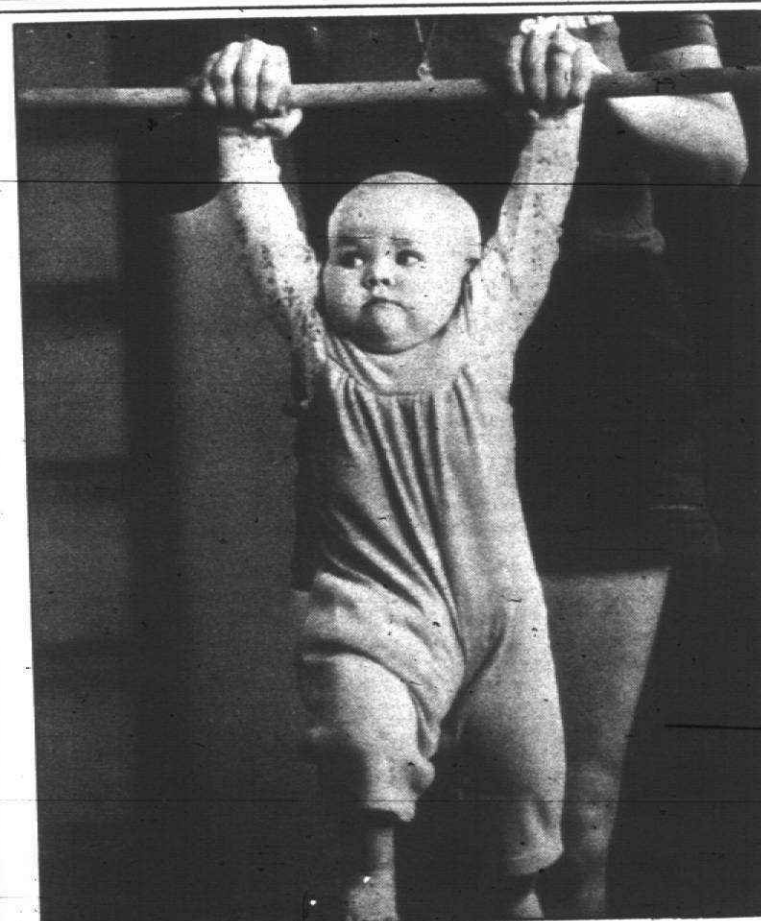
A study at Baylor University found that frequent doses of Vitamin C relieved lower back pain. Vitamin E and manganese have been shown to work as maintenance vitamins, helping to keep ligaments and back muscles in top form.

It must come as no surprise that exercise can eliminate back problems. Healthy back muscles aid the spine, helping to keep it straight and in place. Sit-ups are recommended for strengthening back muscles.

When driving long distances, stop often to relax these muscles. The same is true at work. Get up and walk around every hour or so.

Hang in there, kid!

Kerry Smull, at 10 months old, receives an early exercise lesson as she hangs from a beam at a children's gymnasium.



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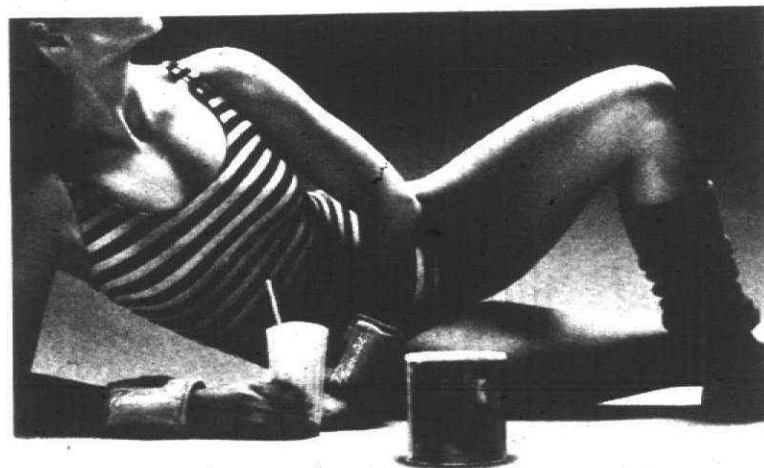
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